

Sippin' on Southern

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Guyton Mundy (USA) & Will Craig (USA) - May 2013
音乐: Cruise (feat. Nelly) - Florida Georgia Line



[1-8] Rock/Recover, Back With Sweep, Behind Side Forward, ¼ Side Rock And Cross, Rock And Cross

1&2 rock forward on left, recover on right, step back on left as you sweep right foot back
3&4 step right behind left, step left to left side, step forward on right
5&6 make a ¼ turn to right as you rock left out to left, recover on right, cross left over right
7&8 rock right to right, recover on left, cross right over left

[9-16] Sways, ¼ Coaster, ¼ Rock And Cross, ½ Triple, Behind Side Cross

1&2 step left to left as you sway to left, step right to right as you sway, step left to left
3&4 make a ¼ turn to right as you step back on right, step together with left, step forward on right
5&6 step forward on left, make ½ turn right stepping down on right, make ¼ turn to right stepping left to left side
7&8 step right behind left, step left to left side, cross right over left

[17-25] Rock/Recover ½, ¾ Chase Out, Shoulder Rocks, ¼ Turn Drop, Body Roll Up, Coaster

1&2 rock forward on left, recover on right, make a ½ turn to left as you step forward on left
3&4 step forward on right, make a ½ turn to left as you step down on left, make a ¼ turn to left stepping right out to right side
5&6 rock shoulders left, rock shoulders right, make a ¼ turn to left as you step down on left and bend upper body slightly forward
7& roll body up, starting from head, roll all the way up.
(its like a body pop as you're rolling up for those 2 counts, weight ending on right)
8&1 step back on left, step together with right, step forward on left

[26-32] ¼ Turn Side Rock/Recover Cross, ¼, ¼, Cross Rock/Recover, ¼ Ball Step, Roll, Step

2&3 make a ¼ turn to left as you rock right out to right, recover on left, cross right over left
4& make a ¼ turn to right as you step back on left, make a ¼ turn to right as you step right to right
5-6 cross rock left over right, recover on right
&7&8 step together on ball of left, make a ¼ turn to right and step forward on right as you body roll back onto left foot, start another roll forward as you step down on right foot, but keep weight on right foot as this keeps the motion moving forward as you start the dance again.

There are 4 restarts in the dance. **BIG NOTE!!!!** If you use the version off of iTunes the last restart will be different.

Radio edit Choreography Restarts

wall 1. First 16 counts then Restart on 3 o'clock wall
wall 3 (6 o'clock wall) first 8 counts then restart the dance on the 9 o'clock wall
wall 4 (9 o'clock wall) first 16 counts then restart the dance on the 12 o'clock wall
wall 7 (6 o'clock wall) first 12 counts then restart the dance on the 12 o'clock wall

iTunes version Restarts

wall 1. First 16 counts then restart on 3 o'clock wall
wall 3 (6 o'clock wall) first 8 counts then restart the dance on the 9 o'clock wall
wall 4 (9 o'clock wall) first 16 counts then restart the dance on the 12 o'clock wall
wall 7 (6 o'clock wall) first 4 counts the restart the dance on the same wall

Contacts:-

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