Gertrude

COPPER KNOE

拍数: 76

编舞者: Don Pascual (FR) - May 2013

音乐: Gertrude - Jerry Jeff Walker

Start on voca	als
Section 1: Dwight step travelling to the R x2, R side flick, touch, R side flick, step R fwd	
1-2	Swivel L heel to the R touching R toes beside L, swivel L toes to the R touching R heel forward
3-4	Swivel L heel to the R touching R toes beside L, swivel L toes to the R touching R heel forward
5-8	R side flick, touch R beside L, R side flick, step R forward
	kick fwd, L back step, point R behind, step R fwd, stomp L beside R, R swivet, hold
1-4 5-8	L kick forward, L back step, point R behind L, step R forward
5-0	Stomp L beside R, with weight on L ball and R heel, swivel toes of both feet to the R, return to centre, holdht. Return to centre With weight on ball of Left and Right heel swivel toes of both feet to the Right. Return to centre
Section 3: D	wight step travelling to the L x2, L side flick, touch, L side flick, step L fwd
1-2	Swivel R heel to the L touching L toes beside R, swivel R toes to the L touching L heel forward
3-4	Swivel R heel to the L touching L toes beside R, swivel R toes to the L touching L heel forward
5-8	L side flick, touch L beside R, L side flick, step L forward
Section 4: R 1-4	kick fwd, R back step, point L behind, step L fwd, stomp R beside L, L swivet, hold R kick forward, R back step, point L behind R, step L forward
5-8	Stomp R beside L, with weight on R ball and L heel, swivel toes of both feet to the L, return to centre, holdWith
Section 5: R 1-3	stomp to the R, hold x2, L slow sailor step with ¼ T to the L ending with a stomp, hold X2 R stomp to the R, hold x2
4-6	Cross L behind R (on ball of L feet) , ¼ T to the L and step R to the R (on ball of R feet), stomp L slightly fwd
7-8	Hold x2
	stomp to the R, hold x2, L slow sailor step with $\frac{1}{4}$ T to the L ending with a stomp, hold X2
1-3	R stomp to the R, hold x2
4-6	Cross L behind R (on ball of L feet) , ¼ T to the L and step R to the R (on ball of R feet), stomp L slightly fwd
7-8	Hold x2
	& L heel struts fwd, R monterey turn
1-4	R heel forward, drop R ball, L heel forward, drop L ball
5-8	Point R to R side, R $\frac{1}{2}$ T on ball of L foot stepping R foot beside L, point L to L side, L beside R
Section 8: R hold	flick, step R fwd (slightly cross), L heel fwd, hold, L flick, step L fwd (slightly cross), R heel fwd,
1-2	R flick (R back diagonal), step R forward (slightly cross)
3-4	L heel forward (L diagonal), hold
5-6	L flick (L back diagonal), step L forward (slightly cross)

级数: High Improver



墙数:2

Section 9: Cross R over L, point L to the L with snap, cross L over R, point R to the R with snap, R jazz-box making a ¼ T to the R

1-4 Cross R over L, point L to the L with snap, cross L over R, point R to the R with snap

5-8 Cross R over L, step L behind, ¼ Turn to the R and step R forward, step L forward

Section 10: R jazz-box making a ¼ T to the R

1-4 Cross R over L, step L behind, ¼ Turn to the R and step R forward, step L forward

Final: Wall 7, dance the first 8 sections, the first 4 counts of section 9 and then make a basic R jazz-box (without ¼ T)

Have fun with this dance...

Contact: countryscal@orange.fr