Let's Cruise

拍数: 32

级数: High Beginner

编舞者: Cheryl Tynan - February 2013

音乐: Cruise - Florida Georgia Line : (iTunes)

Other music: -'Walk in the Country' by 'Scotty McCreery' 'Whistle' by 'Flo Rida' 'Better Dig Two' by 'The Band Perry' All music available on ITunes

1/4 TURN R SAILOR, 2 WALKS, MAMBO FORWARD, MAMBO BACK

- 1&2 Sailor step making 1/4 turn to R, stepping R (1), L (&), R (2) (3:00)
- 3.4 Walk L forward (3). Walk R forward
- 5&6 Mambo forward L (5), R (&), L (6)
- Mambo back R (7), L (&), R (8) (3:00) 7&8

TOUCH L TOE TO L, TOUCH R TOE TO R, KICK R FORWARD 2X, JAZZ BOX

- 9&10 Touch L toe to L side (9), Step L next to R (&), Touch R toe to R side (10)
- 11,12 Kick R forward 2X's (L take weight)

Easy Options: On these 2 counts 11-12, instead of 2 Kicks, you can do 2 R forward heel taps or 1 R forward heel tap & 1 R scuff, either option will work.

Cross R over L (13), Step back on L (14), Step R to center (15), Step L next to R (16) (L 13-16 takes wt) (3:00)

LOCK STEP BACK R/L/R, COASTER L/R/L, R ROCK, RECOVER, CROSS, L ROCK, RECOVER, CROSS

- 17&18 Step R back (17), Cross L over R (&), Step R back (18)
- 19&20 Step L back (19), Step R next to L (&), Step L forward (20)
- 21&22 Rock R to R (21), Recover on L (&), Cross R in front of L (22)
- Rock L to L (23), Recover on R (&), Cross L in front of R (24) (L take wt) (3:00) 23&24

VINE R, 360 ROLLING VINE L

- 25-28 Step R to R (25), Step L behind R (26), Step R to R (27), Touch R toe next to L (28)
- Step L ¼ turn to L (29), Step R ¼ turn to L (30), While pivoting on R, turn ½ turn L stepping L 29-32 to L (31), Touch R next to L (32) (L take wt) (3:00)

Optional: You can do a regular vine to the L. instead of the full 360 turn

Begin again, Enjoy!

Note: For the song 'Better Dig Two' by 'The Band Perry', when the music stops, you just hold on the 4counts, then restart the dance & dance it till the song ends.

Please feel free to use other music to my dance, country or noncountry work, just have fun!

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墙数: 4