

# You'll Get Thro' This

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Salfoo (MY) - June 2013  
音乐: You'll Get Through This - Martina McBride



**Start: 16 counts from start of track**

**[1-9] CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, 1/4L, FORWARD ROCK, RECOVER, FORWARD, BASIC L, SIDE**

1-2&      Cross Rock RF Over LF, Recover Onto LF, Step RF To Right  
3-4&      Cross Rock LF Over RF, Recover Onto RF, Turning 1/4 Left Step LF To Left  
5-6&      Rock RF Forward, Recover Onto LF, Step RF Forward  
7-8&1      Step LF Long Step To Left, Rock Back Onto RF, Recover Onto LF (&), Step RF To Right

**[10-17] CROSS SHUFFLE, FLICK 1/4 TURN L FORWARD SHUFFLE, SIDE, RECOVER, WEAVE R**

2&3      Cross LF Over RF, Step RF To Right, Cross LF Over RF  
4&5      Flick Turn 1/4 Turn L Step RF Forward Lock LF Behind RF, Step RF Forward  
6-7      Step LF To Left, Recover Onto RF  
8&1      Cross LF Behind RF, Step RF To Right, Cross LF Over RF

**[18-25] BACK SHUFFLE, 1/4 L, WALK, WALK, RUMBA FORWARD, RUMBA FORWARD**

2&3      Step RF Back, Step LF Back In Front Of RF, Step RF Back  
4-5      Turn 1/4 Turn Step LF Forward, Step RF Forward  
6&7      Step LF To Left, RF Close To LF, Step LF Forward HOLD  
8&1      Step RF To Right, LF Close To RF, Step RF Forward HOLD

**[26-32] BACK, CHASSE R, SWAY, SWAY, TOUCH, 1/2 L, STEP DOWN**

2 3&4      Step LF Back, Step RF To Right, Step LF Close To RF, Step RF To Right  
5-6      Sway To Left, Sway To Right  
7-8      Touch LF At The Back Of RF, Turn 1/2 Turn Left, Step LF Down

**START AGAIN...HAVE FUN!**

**\*RESTART: ON WALL 3...DANCE TILL COUNTS 24 &**

**ENDING: WALL 7...AFTER COUNT 31, TURN 1/4 LEFT TO FACE FRONT WALL**

**Dedicated to My Dear Friend, Tammy Lee...:-)**

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**Last Update – 24th Feb. 2018**