

# Spread Your Wings

COPPER KNOB  
BY STEPHEN HETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Dan Albro (USA) - May 2013  
音乐: Get to Me - Lady A



**\*\* For: Mishnock & Friends Mexican Dance Vacation, (May 2013) \*\***

Intro: 16 count intro.

**[1-8] FWD ROCK, REPLACE, SHUFFLE BACK, ROCK BACK, REPLACE, SHUFFLE FWD**

1,2,3&4      Rock fwd L, replace weight on R, step back on L, step R next to L, step back L  
5,6,7&8      Rock back R, replace weight on L, step fwd R, step L next to R, step fwd R

**[9-16] CROSS ROCK, REPLACE, SHUFFLE SIDE, CROSS OVER, ½ TURN BACK, SHUFFLE SIDE**

1,2,3&4      Cross rock L over R, replace weight on R, step side L, step R next to L, step side L  
5,6      Cross step R over L, turn ¼ right stepping back on L (9:00)  
7&8      Turn ¼ right stepping side R (6:00), step L next to R, step side R

**[17-24] CROSS ROCK, REPLACE, SHUFFLE SIDE, ¼ TURN BACK, SHUFFLE FWD**

1,2,3&4      Cross rock L over R, replace weight on R, step side L, step R next to L, step side L  
5,6      Cross step R over L, turn ¼ right stepping back on L (9:00)  
7&8      Turn ¼ right stepping side R (12:00), step L next to R, turn ¼ right stepping fwd R (3:00)

**[25-32] FWD ROCK, REPLACE, LOCK SHUFFLE BACK, LOCK SHUFFLE BACK, COASTER STEP**

1,2,3&4      Rock fwd L, replace weight back on R, step back L, lock R in front of L, step back L  
5&6,7&8      Step back R, lock L in front of R, step back R, step back L, step R next to L, step fwd L

**[33-40] STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, PADDLE ½ TURN TOUCHES**

1,2,3      Step fwd crossing R in front of L, touch L toe side, step fwd crossing L in front of R  
4,5,6      Touch R toe side, step fwd crossing R in front of L, touch L toe side  
&7&8      Turn ¼ right on ball of R, touch L toe side, turn ¼ right on ball of R, touch L toe side

**[41-48] SAILOR SHUFFLE, SYNCOPATED WEAVE, SIDE ROCK, REPLACE, SYNCOPATED WEAVE**

1&2      Cross L behind R, rock side R, replace weight on L  
3&4,5,6      Cross R behind L, step side L, cross R over L, rock side L, replace weight on R  
7&8      Cross L behind R, step side R, cross L over R

**[49-56] SIDE ROCK, REPLACE, BACK ROCK, REPLACE, FWD ROCK, REPLACE, SHUFFLE ½ TURN**

1,2,3,4,5      Rock side R, replace weight on L, rock back R, replace weight on L, rock fwd R  
6,7&8      Replace weight on L, turn ¼ right stepping side R, step L next to R, turn ¼ right stepping fwd R

**[57-64] FWD ROCK, REPLACE, COASTER STEP, STEP, ½ PIVOT, SHUFFLE FWD**

1,2,3&4      Rock fwd L, replace weight on R, step back L, step R next to L, step fwd L  
5,6,7&8      Step fwd R, pivot ½ left weight on L, step fwd R, step L next to R, step fwd R

Contact: 200 Mishnock Road, West Greenwich, RI 02817 - [mishnockbarn.com](http://mishnockbarn.com) [mishnockbarn@gmail.com](mailto:mishnockbarn@gmail.com)