

Brokenhearted Tonight

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Karen Hannaford (NZ) - March 2013
音乐: Brokenhearted - Karmin : (Single)



Start on vocals: 32 counts in.

[1-8] CROSS ROCK, SIDE SHUFFLE, CROSS, SIDE, BEHIND, 1/4

1,2,3&4 Cross rock L over right, recover to R, step L to side, step R beside left, step L to side. [12:00]
5,6,7,8 Cross R over left, step L to side, step R behind left, turn ¼ left and step L fwd [9:00]

[9-16] FWD ROCK, RECOVER, ½ LOCK, ½ SHUFFLE, ROCK BACK, RECOVER.

1,2,3&4 Rock fwd on R, recover weight to L, turn ½ right and step R fwd, lock L behind right, step R fwd. [3:00]
5&6,7,8 Turn ¼ right and step L to side, step R beside left, Turn ¼ right and step L back, Rock back on R, recover on L [9:00]

[17-24] ¼, HOLD, TOG, SIDE, TOG, SIDE, CROSS ROCK, RECOVER, ¼ SHUFFLE

1,2 Turn ¼ left and step R to right side, hold. [6:00]
&3&4 Step L next to right, step R to right side, step L next to right, step R to right side [6:00]
[optional styling: push hips to L on count 1, count 3 and count 4. Do this by leaving R knee bent, sharing weight between both feet. As you step together on the ' & ' counts, straighten the R knee bringing hips back to centre]
5,6 Cross rock L over right, recover weight to R [6:00]
7&8 Turn ¼ left and step L fwd, Step R next to left, step L fwd. [3:00]

[25-32] HEEL, TOG, TOE, TOG, ¼ LEFT PIVOT x2.

1&2& Touch R heel fwd, step R next to left, Touch L toe next to right, step L next to right [3:00]
3,4 Step R fwd, pivot ¼ left taking weight on L [12:00]
5&6& Touch R heel fwd, step R next to left, Touch L toe next to right, step L next to right [12:00]
7,8 Step R fwd, pivot ¼ left taking weight on L [9:00]
[optional styling. Push hips slightly L on counts 1,3,5,7 and slightly R on counts 2 and 6.]

[33-40] CROSS SAMBA, CROSS SAMBA, ROCK RECOVER, SAILOR HALF

1&2,3&4 Cross R over left, rock L to side, recover weight to R, cross L over right, rock R to side, recover weight to L [9:00]
5,6, Rock fwd R, recover weight to L,
7&8 sweeping right around turn ¼ right and step R back, turn ¼ right and step L to side, step R to side [3:00]

[41-48] CROSS SAMBA, CROSS SAMBA, CROSS, ¼, ¼, FWD

1&2,3&4 Cross L over right, rock R to side, recover weight to L, Cross R over left, rock L to side, recover weight to R, [3:00]
5,6,7,8 Cross L over right, turn ¼ left and step R back, turn ¼ left and step L fwd, step R fwd [9:00]

[49-56] FWD ROCK, RECOVER, TOG, ¼ PIVOT, FWD ROCK, RECOVER, ½ LOCK

1,2&3,4 Rock fwd L, recover weight to R, step L next to right, step R fwd, pivot ¼ L taking weight on L [6:00]
5,6,7&8 Rock fwd R, recover weight to L, turn ½ right and step R fwd, lock L behind right, step R fwd [12:00]

[57-64] HEEL & TOE & TOE & HEEL & ½ PIVOT, ¼, TOG.

1&2& Touch L heel fwd, step L next to right, Touch R toe to right side, step R next to left [12:00]
3&4& Touch L toe to side, step L next to right, touch R heel fwd, step R next to left [12:00]

5,6,7,8 Step L fwd, pivot $\frac{1}{2}$ right taking weight onto R, turn $\frac{1}{4}$ right and step L to side, step R beside left [9:00]

ENDING: Dance to count 31, then pivot $\frac{1}{2}$ (instead of $\frac{1}{4}$) to the front, step R fwd and drag L up behind right.

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