African Rhythm

拍数: 32

级数: Improver

编舞者: Crystal Lee (SG) - June 2013

音乐: African Baby by The Goombay Dance Band

Intro: 16 counts

Section 1: K Step: Forward, Tap, Back, Tap, Back Tap, Forward, Tap

- 1 4 Step R diagonally right forward, tap L beside R, step L diagonally left back, tap R beside L.
- 5 8 Step R diagonally right back, tap L beside R, step L diagonally left forward, tap R beside L.

Section 2: Hip Bumps, ¼ Turn, Forward

- Step R slightly forward and bump hips R, L, R.. 1&2
- 3 4 Step R back with 1/4 turn left, step L slightly forward.
- 5&6 Repeat steps 1 & 2.
- 7 8 Repeat steps 3 - 4.

Section 3: Jazz Box, Samba Steps

- 1 4Cross R over L, step back on L, step R beside L, replace L beside R.
- 5&6 Cross R over L, step L to left, replace R.
- 7 & 8 Cross L over R, step R to right, replace L.

Section 4: Paddle Turns, Stomps

- 1 2Stomp R forward, pivot turn 1/4 left, weight on L.
- 3 4Repeat steps 1 – 2.
- 5 6Repeat steps 1 – 2.
- 7 8 Stomp R, L.

Start Again

At the end of Walls 2 & 4, dance the following tag 4 times:

Tag: 16 counts

- Section A: Point, Cross, Point, Back 1 - 4Point R to right, cross R in front of L, point L to left, cross L in front of R.
- 5 8 Point R to right, step R behind L, point L to left, step L behind R.

Section B: Forward Chasse, ¼ Turn Forward Chasse

- Step R forward, close L beside R, step R forward. 1&2
- 3&4 Turn ¼ left stepping L forward, close R beside L, step L forward.
- 5&6 Turn ¹/₄ right stepping R forward, close L beside R, step R forward.
- 7 & 8 Repeat steps 3 & 4.

Dance above Tag 4 times, making one full turn.(Total 64 counts)

Ending: Wall 11: Dance all the way until Section 4 where you will dance 4 paddle turns, then stomp 4 times.

Arm movements: please refer to the video. Please do NOT modify any steps without the consent of the choreographer.

Contact: cleeks43@gmail.com





墙数:4