My Best Side

拍数: 32

级数: Intermediate

编舞者: Carol Cotherman (USA) - June 2013

音乐: Point At You - Justin Moore

32 count introduction. Start dance after 16 counts once the strong beat kicks in.

Step, ½ Turn, ½ Shuffle Turn, Rock, Recover, Shuffle

Step right forward, ½ turn left taking weight on left, ½ turn left shuffling right, left, right 1 - 2 - 3 & 4

5-6-7&8 Rock left back, recover on right, step left forward, step right beside left, step left forward

Jazz Box ¼ Turn, Heel Switches, Toe & Heel with ¼ Turn

- 1-2-3-4 Step right across left, step left back, ¼ turn right stepping right to side, step left beside right (3:00)
- 5&6&7&8& Touch right heel forward, step right in place, touch left heel forward, 1/8 turn left stepping left in place, touch right toe back slightly, 1/8 turn left stepping right in place, touch left heel forward, step left in place (12:00)

*Restart here on walls 3 & 8 facing 6:00.

Rock, Recover, ½ Shuffle Turn, Rock, Recover, ¾ Shuffle Turn

- Rock right forward, recover on left, ¹/₂ turn right shuffling right, left, right (6:00) 1 - 2 - 3 & 4
- 5-6-7&8 Rock left forward, recover on right, ³/₄ turn left shuffling left, right, left (9:00)

1/4 Turn with Side Point, 1/2 Turn with Side Point, 1/4 Turn Kick, Coaster Step

- 1-2-3-4 $\frac{1}{4}$ turn left pivoting on left (6:00) and pointing right to side while turning head to look at 9:00, ¹/₄ turn right stepping right in place (9:00), ¹/₄ turn right pivoting on right (12:00) and pointing left to side while turning head to look at 9:00, 1/4 turn left stepping left in place (9:00)
- 5-6-7&8 Kick right forward, step right back, step back on left, step right beside left, step left forward

*Styling for section 4: When Justin is singing the lyrics about "pointing", extend the right arm and point to 9:00 on counts 1 and 5. Extend the left arm and point to 9:00 on count 3.

REPEAT

Restarts: Wall 3 and 8 - Dance 16 counts and restart facing 6:00 both times.

Tags: End of Walls 7 & 9 – Repeat the 4th section of the dance (counts 25 – 32).

Don't let the Tags and Restarts scare you. Once you are familiar with the music, you will hear them.





墙数:4