Girls, I Feel So Lonely!



拍数: 32 墙数: 4 级数: Improver - Rumba motion

编舞者: Sebastiaan Holtland (NL) - July 2013

音乐: In the Still of the Night - Jack Jersey: (iTunes)



24 count intro, start dancing at after "In The Still Of The Night" (13 sec).

	Part I: [1-8] Hip Swa	v L. Hip Swav R.	1/4 L Recover, 1/2	1/4 Sweep Turn L	. Cross. Side	Cross. Hold.
--	-----------------------	------------------	--------------------	------------------	---------------	--------------

1-2 Step Lt to the left sway L hip to left, sway R hip to right. (12:00)
3-4 Turn ¼ left (9) recover on Lt, sweep Rt ¼ left (6) from back to front.

5-7 Cross Rt over Lt, step Lt slightly to left, cross Rt over Lt.

8 Hold.

Part II: [9-16] 1/4 R, Rumba Rock Back, Recover, 1/4 R, Back, Hold, Step, Side, Back, Brush Back.

1-2 Turn ¼ right (9) rock Lt back, recover on Rt.

3-4 Turn ¼ right (12) step Lt back, Hold.

5-6 Step Rt slightly forward, step Lt to the left.

7-8 Step Rt slightly back, brush Lf slightly diagonal back weight onto Rt. (12:00)

Part III: [17-24] Cross, Side, Behind, Sweep, Behind, ¼ L, Step, Side, Hold.

1-2 Cross Lt over Rt, step Rt to the right.

3-4 Step Lt behind Rt, sweep Rt from front to back.

5-6 Step Rt behind Lt, turn ¼ left (9) step Lt slightly forward.

7-8 Step Rt to the right, Hold.

Part IV: [25-32] Side, Together, ¼ L, Step, ¼ L, Knee Lift, Lock Step Fwd, Hold.

1-2 Step Lt to the left, step Rt next to Lt. (**)

3-4 Turn ¼ left (6) step Lt slightly forward, turn ¼ left (3) lift R knee up.

5-7 Step Rt forward, lock Lt behind Rt, step Rt forward.

8 Hold. (3:00)

(**) Restart here: WALL 5 after 26 count (facing 12 o'clock) (weight change) after, start again (facing 9 o'clock).

Start again and have fun!

Contact: smoothdancer79@hotmail.com