Volare



拍数: 48 墙数: 4 级数: Beginner

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音乐: Volare - David Bowie: (From Movie: Absolute Beginners)



Intro: 16 counts

[1-8] CROSS-POINT (2X), FORWARD ROCK, BACK, HOLD

1-2	Cross R over L, touch L to side
3-4	Cross L over R, touch R to side
5-6	Rock R forward, recover to L

7-8 Step R back, hold

[9 16] BACK ROCK, FORWARD, TOUCH, CROSS-POINT (2X)

1-2	Rock L back, recover to R
3-4	Step L forward, touch R to side
5-6	Cross R over L, touch L to side
7-8	Cross L over R, touch R to side

[17-24] SIDE-CLOSE-TURN-TOUCH, HIP SWAYS, FLICK

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3-4	Step R to side and turn 1/4 right, touch L together
5-8	Step L to side and sway hips left-right-left, flick R back

[25-32] HIP SWAYS, SCUFF, STEP-TURN, STEP, TOUCH

1-4 Step R to side and sway hips right-left-right, brush L for	rward
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5-6	Step L forward, pivot 1/2 right
7-8	Step L forward, touch R to side

[33-40] MODIFIED JAZZ BOX STEPS (2x)

1-2	Cross R over L, step L side
3-4	Step R back, touch L to side
5-6	Cross L over R, step R side
7-8	Step L back touch R to side

[41-48] ANGLED HIP BUMPS

1-4	Step R back diagonally and bump hips right, left, right; hold
5-8	Step L back diagonally and bump hips left, right, left; hold

REPEAT

ENDING: On wall 9 after count 32 facing 9 o'clock, turn 1/4 right and pose.

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