

Feel This Moment

COPPER KNOB
STEPPERS

拍数: 80 墙数: 1 级数: Intermediate / Advanced
编舞者: Nathan Gardiner (SCO) - July 2013
音乐: Feel This Moment (feat. Christina Aguilera) - Pitbull



Intro: 32 count intro from start of track.....start when Christina is singing

Order of dance: A, A, B, B, C, C, A, A, B, C, C, A, A, B, B

PART A - 16 counts

STEP R, CROSS, SIDE, BEHIND, BEHIND, SIDE, CROSS, CROSS, SIDE, BEHIND, BEHIND, ¼ TURN,

- 1-2&3 Step forward on right, Sweep left out to side as you cross step left over right, step right to right side, step left behind right
- 4&5 Sweep right out to side as you step behind left, step left to left side, cross step right over left
- 6&7 Sweep left out to side as you cross step left over right, step right to right side, cross step left behind right
- 8& Sweep right out to side as you step right behind left, ¼ turn left stepping forward on left

CROSS ROCK, RECOVER, WEAVE, MAMBO ¼ TURN, STEP PIVOT X2

- 1-2& Cross rock right over left, recover on left, step right to right side
- 3&4& Cross step left over right, step right to right side, step left behind right, step right to right side
- 5&6 Rock forward on left, recover on right, ¼ turn left stepping on left
- 7&8& Step forward on right ½ turn left, step forward on right, ½ turn left

PART B - 32 counts

STEP R, TOUCH, KICK-BALL CHANGE, STEP PIVOT X 2

- 1-2 Step right to right side, touch left next to right
- 3&4 Kick left foot forward, bring back in place, step forward on right
- 5-6 Step forward on left, ½ turn right
- 7-8 Step forward on left, ½ turn right

CROSS SHUFFLE, ¼ TURN RIGHT SHUFFLE, STEP ¼ TURN, CROSS SHUFFLE

- 1&2 Cross step left over right, step right to right, side, cross step left over right
- 3&4 ¼ turn right stepping forward on right, step left next to right, step forward on right
- 5-6 Step forward on left, ¼ turn right
- 7&8 Cross step left over right, step right to right side, cross step left over right

ROCK, RECOVER, BEHIND, SIDE, CROSS, ROCK, RECOVER, SAILOR ¼ TURN

- 1-2 Rock right out to right side, recover on left
- 3&4 Step right behind left, step left to left side, cross step right over left
- 5-6 Rock left out to left side, recover on right
- 7&8 Step left behind right, ¼ turn left stepping right to right side, step forward on left

STEP PIVOT, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, ¾ TURN SHUFFLE

- 1-2 Step forward on right, ½ turn left
- 3&4 Step forward on right, step left next to right, step forward on right
- 5-6 Rock forward on left, recover on right
- 7&8 ¾ turn left stepping left, right, left

PART C - 32 counts

STEP, TOUCH, STEP, TOUCH, MAMBO ½ TURN, STEP, TOUCH

- 1-2 Step right to right side, touch left next to right
- 3-4 Step left to left side, touch right next to left
- 5&6 Rock forward on right, recover on left, ½ turn right as you step forward on right

7-8 Step left to left side, touch right next to left

R COASTER STEP, STEP ¼ TURN, CROSS SHUFFLE, ½ TURN LEFT, TOUCH

1&2 Step back on right, step left next to right, step forward on right

3-4 Step forward on left, ¼ turn right

5&6 Cross step left over right, step right to right side, cross step left over right

7-8 ½ Turn left stepping back on right, touch left next to right

CHASSE LEFT, ROCK BACK, RECOVER, KICK-BALL STEP, SHUFFLE FORWARD

1&2 Step left to left side, step right next to left, step left to left side

3-4 Rock back on right. Recover on left

5&6 Kick right foot forward, bring back in place, step forward on left

7&8 Step forward on right, step left next to right, step forward on right

STEP ¼ TURN, CROSS SHUFFLE, ½ TURN LEFT, STEP, SWAY R & L

1-2 Step forward on left, ¼ turn right

3&4 Cross step left over right, step right to right side, cross step left over right

5-6 ½ turn left stepping back on right, step left to left side

7-8 Sway right, sway left

Start Again.....Happy Dancing.....

Submitted by - Lesley Clark: CLARKIES4@tinyworld.co.uk
