Old Sunshine



拍数: 48 编数: 4 级数: High Beginner / Improver

编舞者: Robbie McGowan Hickie (UK) - July 2013

音乐: Sunshine - Charlie Landsborough: (CD: Movin' On)



Dedicated to Bill Mathieson on his Retirement – Friday 5th July 2013 Wishing you Health ... Happiness & Contentment in the years ahead 16 Count intro

Diagonal Step Forward. Touch and Clap. Diagonal Step Back. Touch and Clap. Chasse Right. Back Rock.

1 - 2 Step Right Diagonally forward Right. Touch Left toe beside Right and Clap.
 3 - 4 Step Left Diagonally back Left. Touch Right toe beside Left and Clap.
 5&6 Step Right to Right side. Close Left beside Right. Step Right to Right side.

7 – 8 Rock back on Left. Rock forward on Right.

Diagonal Step Forward. Touch and Clap. Diagonal Step Back. Touch and Clap. Chasse Left. Back Rock.

1 - 2 Step Left Diagonally forward Left. Touch Right toe beside Left and Clap.
 3 - 4 Step Right Diagonally back Right. Touch Left toe beside Right and Clap.
 5&6 Step Left to Left side. Close Right beside Left. Step Left to Left side.

7 – 8 Rock back on Right. Rock forward on Left.

Right Shuffle Forward. Step. Pivot 1/2 Turn Right. Left Shuffle Forward. Step. Pivot 1/2 Turn Left.

1&2 Right shuffle forward stepping Right. Left. Right.

3 – 4 Step forward on Left. Pivot 1/2 turn Right. (Facing 6 o'clock)

5&6 Left shuffle forward stepping Left. Right. Left.

7 – 8 Step forward on Right. Pivot 1/2 turn Left. (Facing 12 o'clock)

Right Jazz Box. Right Jazz Box Cross. (Making 1/4 Turn Right).

1 – 2 Cross step Right over Left. Step back on Left.

3 – 4 Step Right to Right side. Step Left forward into Right Diagonal.

5 – 6 Cross step Right over Left. Step back on Left.

7 – 8 Step Right to Right side. Cross step Left over Right – Completing 1/4 turn Right. (Facing 3

o'clock)

Right Side Rock. Behind & Cross. Left Side Rock. Behind & Step Forward.

1 – 2 Rock Right out to Right side. Recover weight on Left.

3&4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.

5 – 6 Rock Left out to Left side. Recover weight on Right.

7&8 Cross Left behind Right. Step Right to Right side. Step forward on Left.

2 x Walks Forward. Right Shuffle Forward. Forward Rock. Left Shuffle 1/2 Turn Left.

1 – 2 Walk forward on Right. Walk forward on Left.
3&4 Right shuffle forward stepping Right. Left. Right.
5 – 6 Rock forward on Left. Rock back on Right.

7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 9 o'clock)

Start Again