

# Bones (A Womans Dream)

**COPPER** KNOB  
STEPSHEETS

拍数: 34      墙数: 4      级数: Intermediate  
编舞者: Judith Campbell (NZ) - July 2013  
音乐: Bones - Ginny Blackmore : (iTunes)



**Intro: 18 slow counts – Start on Vocals**

**[1 – 8] SIDE – ROCK RECOVER – STEP LOCK STEP - ROCK RECOVER HALF - TURN – FULL ROLL FWD**

1 2&      Step R to RS, rock L behind R, recover fwd onto R (&)  
3 4&      Step fwd on L, lock R up behind, step L ft fwd (&)  
5&6      Rock fwd on R, recover onto L, (turning ½ to R) stepping fwd onto R ft. (6:00)  
7&8      Full roll turn to R, ½, ½, step fwd (stepping LRL moving fwd 6:00)

**[9 - 16] SIDE ROCK RECOVER – CROSS – BACK LOCK BACK – SWEEP BEHIND SIDE CROSS - LUNGE TO LS – RECOVER LIFT**

1&2      Rock R to RS, recover onto L, cross R over front of L  
3&4      Step L back, lock R over L, step back on L  
&5&6      Sweep R ft around to bk behind L, step L to LS, cross R over L  
7      Rock/lunge over onto L ft, (lifting R heel off floor),  
8      Recover onto R ft (heel onto floor)lifting L ft off floor.

**[17 – 20] BEHIND SIDE CROSS – SIDE – ¼ – ¼ TURN – CROSS**

1&2      Step L behind R, step R to RS, cross L over R,  
3&4      (turning ¼ L) stepping back on R, (3:00), (turning ¼ L) step L to LS, cross R over L (12:00)

**[21 – 24] & STEP TOGETHER – SIDE ROCK R – RECOVER TURN ¾ R - FWD L COASTER – BACK HOOK R (front)**

&5      Step L next to R (&), rock/step R to RS,  
6&      Recover onto L – sweeping R ft outwards while turning ¾ to R, step R next to L to face (&)  
(9:00)  
7&8      Step fwd on L, step R next to L, step back onto L (fwd coaster),  
&      Hooking up R ft under L knee (&)

**[25 – 28] SWAY R L – DRAG R ft IN – KNEE ROLL OUTWARDS – Arms Wrap Across Body (RL)**

1 2      Step R ft to RS sway to RS, sway to LS, as you sway take R arm across to L arm, L arm to R  
3&4      Drag R ft on ball in towards L start rotating knee outwards in a circular motion. Keep arms crossed

**[29 – 34] WALK FWD – STEP – LOCK – STEP (twice) -**

**This step makes a full circle turn on spot to where you started from**

1 2&3      (turning to R) Walk fwd on R ft, step L fwd, lock R behind L, step fwd on L ft, (3:00)  
4 5&6      Walk fwd on R ft, step L fwd, lock R behind L, step fwd on L ft, (9:00)

**[34] Start dance in new direction. Enjoy – The arm movements are optional (25 - 28)**

**Restarts: Dance: 1 – 28 then Restart at the beginning on:-**

**Walls: 2 (facing (6:00)), 5 facing (9:00), 8 facing (12:00)**

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