

# I Am Alive

**COPPER** KNOB  
STEPSHEETS

拍数: 56      墙数: 2      级数: Intermediate  
编舞者: Liu Sum Loong (MY) - August 2013  
音乐: I'm Alive - Céline Dion



**Intro: 24 count \*\* Optional:**

**Touch. Kick. Right coaster. Touch. Kick. Left Coaster**

1, 2      R touch, Kick R fwd  
3&4      Step RF back. Step LF together. Step RF fwd  
5, 6      L touch. Kick LF fwd  
7&8      Step LF back. Step RF together. Step LF fwd

**Right Side. Behind. Sailor Cross. Left Side. Behind. Sailor Cross.**

1, 2      Step RF to R. Step LF behind RF  
3&4      Sweep Step RF behind LF. Step LF to side. Cross step RF over LF  
5, 6      Step LF to L. Step RF behind LF  
7&8      Sweep Step LF behind RF. Step RF to side. Cross step LF over RF

**Pivot ½ turn Left X 2. Hip Bumps**

1, 2      Step RF fwd. pivot ½ turn L Step on LF (Weight on LF)  
3, 4      Step RF fwd. pivot ½ turn L Step on LF (Weight on LF)  
5&6, 7&8      Touch RF fwd. Hip bumps R L R L (Or Hip Rolls-clockwise)

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**The Dance:**

**Sequence: 56, 16, 56, 16, 56, 24, Tag, 56, 8 Closing**

**\*Restart after Sec.2 on 2nd wall & 4th wall**

**\*\* Optional - 4 counts Tag after Sec. 3 on 6th wall**

**(Sec.1) Step. Lock Step. ½ Turn Right. Sweep. Behind Side Cross**

1, 2&3      Step RF fwd. Lock LF behind RF. Step RF fwd ½ turn R, Step back LF and sweep RF from front to back (Facing 6)  
4&5      Cross step RF behind LF. Step LF to L. Cross RF over LF  
6, 7      Rock LF to L. Recover RF  
8&1      Cross LF over RF. Step RF to R. Cross LF over RF

**(Sec.2) Rock. Recover. ¼ Left. Lock Step. Full Right Turn. Side Together Cross**

2, 3      Rock RF to R. ¼ turn L. Step on LF (Facing 3)  
4&5      Step RF fwd. Step lock LF behind RF. Step RF fwd  
6, 7      ½ Turn R step back LF. ½ Turn R step RF fwd  
8&1      Step LF to L. Step RF together. Cross LF over RF

**\* Restart: On 2nd. Wall. On 4th. Wall - Section 2 dance up to count 8: Step left forward**

**(Sec.3) Rock. Hold. Together. ¼ Forward. Forward. Recover. ¼ Left Sailor**

2, 3      Rock RF to R. Hold  
& 4, 5      Step RF together with LF. ¼ turn L step LF fwd. Step RF fwd (Facing 12)  
6, 7      Rock LF fwd. Recover RF  
8&1      Step LF behind RF. ¼ turn L step RF in place. Step LF fwd (Facing 9)

**\*\* Do the 4 count Tag on wall 6 and restart :-**

2, 3      ½ turn L step back on RF (Facing 3) ¼ turn L sweep LF from front to back  
4&5      Step LF behind RF. Step RF to side. Step LF forward. (Facing 12)

**(Sec.4) Skate. Skate. Chasse. Sway. Sway. Coaster Step**

2, 3                Skate RF to R. Skate LF to L  
4&5                Step RF to R. Step LF together. Step RF to R  
6, 7                Sway L. Sway R  
8&1                Step LF back. Step RF together. Step LF fwd

**(Sec.5) Back. Kick. Triple ½ Turn. Pivot ½ Turn. Walk. Walk**

2, 3                Step RF in place. Low kick LF fwd  
4&5                ¼ Turn L Step LF to side. Step RF together (6) ¼ Turn L Step LF fwd (Facing 3)  
6, 7                Step RF fwd. ½ turn L (Weight on LF) (Facing 9)  
8, 1                Cross walk RF over L, (Stepping slightly diagonally forward). Cross walk LF over Right,  
**(Stepping slightly diagonally forward)**

**(Sec.6) Side Together Forward. Left Mambo. Syncopated Vine Left. ¼ Step. Step**

2&3                Step RF to R. Step LF together. Step RF fwd  
4&5                Step LF fwd. Recover RF. Step LF back  
6&7&8            Step RF behind LF. Step LF to L. Cross RF over LF. Step LF to L. Step RF behind LF  
& 1                ¼ turn L step LF fwd. Step RF fwd (Facing 6)

**(Sec.7) Lock Step. Right Mambo. Left Coaster. Hip Bumps**

2&3                Step LF fwd. Step lock RF behind LF. Step LF fwd  
4&5                Step RF fwd. Recover LF. Step RF back  
6&7                Step LF back. Step RF together. Step LF fwd  
8 &                Touch RF fwd with R hip bump. L hip bump (Facing 6)

**Start again.**

**Closing: Wall 8-Just dance section 1: with ending pose**

**Ending Pose: Cross RF over LF, Unwind full turn left (Facing 12) With hands up V pose. Estimated 4 counts.**

**Have fun and enjoy dancing!**

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