Jailhouse Rock

拍数: 32

级数: Absolute Beginner

编舞者: Karen Tripp (CAN) - July 2013

音乐: Jailhouse Rock - Elvis Presley

Choreographed for City of Cranbrook for Kids 50s Theme Dance.

Start on lyrics "Let's rock" after slow introductory lyrics. This is 32 counts from main downbeat.

POINT SIDE, STEP FORWARD (ALL 4X)

- Stepping forward, point right to side, step right together 1-2
- 3-4 Point left to side, step left together
- 5-6 Point right to side, step right together
- Point left to side, step left together 7-8

ELVIS KNEES (Right bend in, hold, Left bend in, hold, alternate Right, Left, Right, Hold)

- 1-2 Bend right knee in, hold
- 3-4 Straighten right leg and bend left knee in, hold
- 5-6 Straighten left leg and bend right knee, straighten right and bend left knee
- 7-8 Straighten left and bend right knee in, hold

VINE RIGHT WITH TOUCH, VINE LEFT WITH BRUSH

- 1-4 Step side on right, cross left behind, step side on right, touch left next to right
- Step side on left, cross right behind, step side on left, brush ball of right foot forward in 5-8 preparation for next step

JAZZ BOX, JAZZ BOX 1/4 TURN

- Cross right over left, step left back, step side on right, step on left next to right 1-4
- 5-8 Cross right over left, step left back, turn 1/4 right and step on right, step on left next to right

Choreographer: Karen Tripp, Cranbrook, BC, Canada Email: karen@trippcentral.ca - Website: www.trippcentral.ca/dance





墙数:4