

# Cornerstone of My Heart

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Advanced  
编舞者: Sandy Kerrigan (AUS) - August 2013  
音乐: Please Don't Ask Me - John Farnham : (Album: The Essentials - iTunes)



Dance Starts on Lyrics - Version 1:00 – [BPM: 178] Track Length 3:10

## Vine R, Push L to L Side with Drag, Back Rock, Side, Back Rock, ¼ Step Back 3:00

1 2 3 4      Step R to R, Cross L behind R, Step R to R, Push off R/Step L to L/Dragging R  
5 & 6      Rock Back on R, Replace Fwd to L, Step R to R Side  
7 & 8      Rock Back on L, Replace Fwd to R, Turning ¼ R/Step Back on L 3:00

## ½ R, Fwd with Slow ½ Pivot R, ¼ R Side, ¾ R Fwd, Fwd Left Coaster Step 3:00

1 2 3 4      Turning ½ R/Step Fwd R, Step Fwd L, Slow ½ Pivot Turn R/over 2 counts/wt to R  
5 6      Turning ¼ R/ Step L to L Side 6:00, Turning ¾ R/Step Fwd R (hinge turn)  
7 & 8      Step Fwd L, Step R next to L, Step Back on L

## Step Back, Sweep, Step Back, Sweep, Diagonal Back Rock, Diagonal Fwd Lock Shuffle 4:30

1 2 3 4      Step Back on R, Sweep L/Around and Back, Step Back on L, Sweep R/Back  
5 6      Rock Back on R to face Side R45°, Replace Fwd to L (pushing L toe fwd)  
7 & 8      Step Fwd R, Lock L behind R, Step Fwd R/Facing Side R45°

## Fwd ½ Diagonal Pivot, Step Fwd, Step Back with Spiral Turn L, Diagonal Lunge, Coaster Step 9:00

1 2 3      Step Fwd L, Pivot Turn ½ R wt to R, Step Fwd on L  
4      Turning ½ L/Step Back on R, ½ Turn L on R Sweeping L to Meet R (wt on R)  
5 6      Lunge L Fwd to Face Side R45°, Replace Back to R  
7 & 8      Turning to 9:00 wall/Step Back on L, Step R next to L, Step Fwd L

## Step Fwd, Sweep Fwd, Step Fwd, Sweep Fwd, Push Fwd, Run Back, ½ R/Run Fwd 3:00

1 2 3 4      Step Fwd R, Sweep L Circular Fwd, Step Fwd L, Sweep R Circular Fwd,  
5 6      Lunge/Push Fwd onto R, Replace Back to L  
& 7 & 8      Run Back onto R, Run Back onto L, Turning ½ R/Run Fwd onto R, Run Fwd L

## Walk Back R, Back L, ½ Fwd, Fwd ½ Pivot Turn R, ¼ Side, ½ Hinge Side, Behind, Side, Cross

1 2 3      Walk Back R, Walk Back L, Turning ½ R/Step Fwd R 9:00  
& 4 5      Step Fwd L, ½ Pivot Turn R/wt on R, Turning ¼ R/Step L to L Side,  
6      ½ Hinge R/Step R to R Side/Dragging L  
7 & 8      Turning to 12:00/Cross L behind R, Step R to R, Cross L over R

## Back, ¼ Fwd, Step Fwd, Hitch with ¼ Turn, Cross, ¼ Step Back, ½ Fwd, Fwd ½ Pivot Turn

1 2 3      Step Back on R, Turning ¼ L/Step Fwd L, Step Fwd R  
4 5 6      Turning ¼ R/Hitch L, Cross L over R, ¼ L/Step Back on R 9:00  
7 & 8      Turning ½ L/Step fwd L 3:00, Step Fwd R, ½ Pivot Turn L/wt on L 9:00

## 1/2 Step Back, Step Back, ½ Step Fwd, ¼ Scissor Turn, Cross, Side, Behind, ¼, ¼, Cross

1 2 3      Turning ½ L/Step Back on R, Step Back L, ½ R/step Fwd R 9:000  
4 & 5      Turning ¼ R/Step L to L Side, Step R next to L, Cross L over R  
& 6 & 7      Step R to R, Cross L Behind R, Turning ¼ R/Step Fwd R, Step Fwd L  
& 8      1/4 Pivot Turn R/wt on R, Cross L over R 6:00

[64]

This dance is dedicated to all my Students, thankyou for all your support, this has given me the Courage to continue with what I love to do, dance and choreograph.

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