

Up In Harlem

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Aric Lemieux (USA) - August 2013
音乐: Harlem - New Politics



Walk Right, Left, Chasse RLR, Rock Recover, Triple 1/4 Turn Left

1 Walk Right
2 Walk Left
3&4 Shuffle Right Left Right
5 Rock left forward
6 Recover right
7&8 Triple 1/4 turn left. Left-Right-Left

1/4 Turn Left & Hip Bumps, Hip Bumps, 1/4 Turn Left & Hip Bumps, Sailor Step

1&2 Step forward right 1/4 turn while hip bumping Right-Left-Right (now facing 6:00)
3&4 Hip bumps Left-Right-Left
5&6 Step forward right 1/4 turn while hip bumping Right-Left-Right (now facing 3:00)
7&8 Left Sailor Step

Walk Right, Left, Anchor Step, Point Left Behind, 1/2 Unwind Left, Right Kick-Ball-Change

1 Step Right
2 Step Left
3&4 Right anchor step
5 Point left toe crossed behind right
6 1/2 unwind left changing weight to left
7&8 Right Kick Ball Change

Point Right, Hitch, Step Together (R-L-R), Left Heel, Step Together, Point Right Back

1 Point right toe side
2& Hitch right knee up, step right next to left
3 Point left toe side
4& Hitch left knee up, step left next to right
5 Point right toe side
6& Hitch right knee up, step right next to left
7&8 Left heel forward, Left foot home, touch Right toe back

Tag: End of Walls 1 (9:00), 2 (6:00), 3 (2x 3:00), 7 (3:00)

1&2 Chasse side Right-Left-Right
3-4 Cross left behind right rock, recover right
5&6 Chasse side Left-Right-Left
7-8 Cross right behind left rock, recover left

Sequence: 32-Tag, 32-Tag, 32-Tag-Tag, 32, 32, 32, 32, 32-Tag, 32, 32

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