

Bachata Promise

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Flora Lau (MY) - September 2013
音乐: Promise (feat. Usher) - Romeo Santos



Section 1: Side Together Side hip Bumps R (2x), Hip bumps L (2x) R (2x)

1 2 3 & 4 Step R to R Side, Step L beside R, R to R Side, Touch L beside R
5 6 7 8 Hip bumps L (2x) Hip Bumps R (2x)

Section 2: Side Together Side Hip Bumps L (2x), Hip bumps R (2x) L (2x)

1 2 3 & 4 Step L to L Side, Step R beside L, L to L Side, Touch R beside L
5 6 7 8 Hip bumps R (2x) Hip Bumps L (2x)

Section 3: Out Out In Hold (L Hip bump) Out Out In Hold (R Hip bump)

1 2 3 4 Step R Out, Step L Out, Step R IN, Bump L Hips Forward diagonally
4 5 6 7 Step L Out, Step R Out, Step L IN, Bump R Hips Forward diagonally

Section 4: Shuffle diagonal forward, Touch, Step Back, Touch, ¼ R, Step

1 2 3 4 Step R forward diagonally, Step L behind R, Step R Forward, Touch L behind R
5 6 7 8 Step Back on L, Touch R beside L, ¼ turn R Step R To R side, Step L beside R.

Tags: -

Wall 11 (6 o'clock) – music stops (4 Counts)

1 2 3 4 Roll hips anti-clockwise 2x

End Of Wall 12 (9 o'clock) (12 Counts)

Side Touch, Side Touch

1 2 3 4 Step R to R side, Touch L beside R, Step L to L Side, Touch R beside L
followed by Section 4

Contact: f.wildflower@gmail.com

Last Revision - 12th Sept 2013
