

Rain And Tears

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Rosalind (MY) - September 2013
音乐: Rain and Tears - Demis Roussos



Intro: 32 counts.

(1-8) ROCK LF FORWARD, RECOVER, COASTAL STEP, STEP RF FWD, ½ TURN R, TOUCH, WALK WALK (6 o'clock)

1-2-3&4 Rock LF, recover on RF, step LF back, step RF together, step LF fwd
5-6-7-8 Step RF fwd, ½ turn R & touch LF beside RF, walk, walk (L,R)

(9-16) ¼ PIVOT TURN R, CROSS, ¼ TURN L, ½ TURN L, CROSS ROCK, RECOVER, SAILOR STEP WITH ¼ TURN R, STEP LF FWD (3 o'clock)

1-2-3&4 Step LF fwd, ¼ turn R, cross LF over RF, step RF back with ¼ turn L, step LF beside RF with ½ turn L
5-6-7&8& Rock RF across LF, recover on RF while sweeping RF from front to back, step behind LF, step LF beside RF with ¼ turn R, step RF fwd, step LF fwd

(17-24) ROCK RF FWD, RECOVER, SWEEP BACKWARDS (X2), COASTAL CROSS, BIG STEP TO R, BACK ROCK, RECOVER (3 o'clock)

1-2-3-4 Rock RF fwd, recover on LF, sweep RF from front to step behind LF, sweep LF from front to step behind RF
5&6-7-8& Step RF back, step LF beside RF, cross RF over LF, big step LF to L, rock RF behind LF, recover on LF

(25-32) STEP RF FWD ¼ TURN R, LF FWD, ½ TURN L, ½ TURN L, RF FWD, HIP BUMPS, ¼ TURN R HIP BUMPS (9 o'clock)

1-2-3&4 Step RF fwd with ¼ turn R, step LF fwd, step RF back with ½ turn L, step LF fwd with ½ turn L, step RF fwd
5&6 Step fwd on LF bumping hips fwd, bump hips back, bump hips fwd
7&8 ¼ turn R by stepping fwd on RF bumping hips fwd, bump hips back, bump hips fwd

START AGAIN!

ENDING: At 7th Wall (facing 6 o'clock), dance up to count 8 & pose.

No Tag, no Restart. Enjoy!!

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