

Dance Apocalyptic

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - August 2013
音乐: Dance Apocalyptic - Janelle Monáe



Start on main vocals 10 seconds in.

Side, Together, Chasse, Touch, Step Left, Touch, Step Right, Touch, Rock Back, Recover, Step Forward.

1 2 Step R to right side. Step L next to R.
3& 4& Step R to right side. Step L next to R. Step R to right side. Touch L next to R.
5& 6& Step L to left side. Touch R next to L. Step R to right side. Touch L next to R.
7 & 8 Rock back on L. Recover on to R. Step forward on L.

Step, Pivot 1/4 Turn, Syncopated Weave, Long Step Right, Together, Side Mambo Step Forward.

1 2 Step forward on R. Pivot 1/4 turn left. 9 o'clock
3& 4& Cross step R over L. Step L to left side. Cross step R behind L. Step L.
5 6 Take a long step on R to right side. Step L next to R.
7 & 8 Rock out on R to right side. Recover on to L. Step forward on R.

Mambo Forward, Walk Back x 2, Sailor Step 1/2 Turn Right, Step, Pivot 1/2 Turn Right, Step.

1 & 2 Rock forward on L. Recover on to R. Step back on L.
3 4 Step back on R. Step back on L.
5 & 6 Turn 1/4 right cross stepping R behind L. Turn 1/4 right stepping L in place. Step forward on R.
7 & 8 Step forward on L. Pivot 1/2 turn right. Step forward on L. 9 o'clock

Heel Dig, Step, Side Rock, Recover, Walk x 2, Heel Dig, Step, Side Rock, Recover, Walk x 2.

1& 2& Dig R heel forward. Step R in place. Side rock out left on L. Recover on to R.
3 4 Walk forward on L, R.
5& 6& Dig L heel forward. Step L in place. Side rock out right on R. Recover on to L.
7 8 Walk forward on R, L. *(Restart from here on wall 1, 3, 5, 7)

Step Pivot 1/2 Turn, Shuffle 1/2 Turn, Coaster Step, Step, Pivot 1/2 Turn.

1 2 Step forward on R. Pivot 1/2 turn left.
3 & 4 Turn 1/4 left stepping R to right side. Step L next to R. Turn 1/4 left stepping back on R.
5 & 6 Step back on L. Step R next to L. Step forward on L.
7 8 Step forward on R. Pivot 1/2 turn left.

Heel Dig, Step, Side Rock, Recover, Walk x 2, Heel Dig, Step, Side Rock, Recover, Walk x 2.

1& 2& Dig R heel forward. Step R in place. Side rock out left on L. Recover on to R.
3 4 Walk forward on L, R.
5& 6& Dig L heel forward. Step L in place. Side rock out right on R. Recover on to L.
7 8 Walk forward on R, L.

Mambo 1/2 Turn, Mambo Forward, Mambo 1/2 Turn, Step Pivot 1/2 Turn Step.

1 & 2 Rock forward on R. Recover on to L. Turn 1/2 right stepping forward on R.
3 & 4 Rock forward on L. Recover on to R. Step L next to R.
5 & 6 Rock forward on R. Recover on to L. Turn 1/2 right stepping forward on R.
7 & 8 Step forward on L. Pivot 1/2 turn right. Step forward on L.

Start Again - Enjoy!!

*Sequence: On wall 1, 3, 5, 7 dance the first 32 counts of the dance only.

The Restarts will be starting facing side walls only. Thereafter every other wall is 56 counts.
