Paint Fade



拍数: 32 墙数: 4 级数: Easy Intermediate

编舞者: Terry Rauhihi (NZ) - September 2013 音乐: Paint Fade (feat. Drew) - Smashproof



Intro: 32 Counts (From When Strong Beat Commences)

SIDE ROCK, DIAGONAL KICK - BALL - STEP, CROSS ROCK, SHUFFLE 1/4 TURN

- 1 2 3 & 4 Rock Right To Side, Recover Onto Left, On Left Diagonal Kick Right Forward (3), Close Right Beside Left (&), Step Forward On Left (4) (11 O'Clock)
- 5 6 7 & 8 Rock Right Over Left, Recover Onto Left, Making ¼ Turn Right Shuffle Forward Stepping Right (7) Left (&) Right (8)

SIDE ROCK, DIAGONAL KICK - BALL - STEP, ROCK RECOVER, COASTER

- 1 2 3 & 4 Rock Left To Side, Recover Onto Left, On Right Diagonal Kick Left Forward (3), Close Left Beside Right (&), Step Forward On Right (4) (4 O'Clock)
- 5 6 7 & 8 Rock Forward On Left, Recover Onto Right, Step Back On Left (7), Close Right Beside Left (&), Step Forward On Left (8)

(Straightening Up To 3 O' Clock On Count 5)

ROCK RECOVER, SHUFFLE 1/2 TURN, SIDE ROCK, BEHIND - SIDE - CROSS

- 1 2 3 & 4 Rock Forward On Right, Recover Onto Left, Making ½ Turn Right Shuffle Forward Stepping Right (3) Left (&) Right (4)
- 5 6 7 & 8 Rock Left To Side, Recover Onto Right, Cross Left Behind Right (7), Step Right To Side (&), Cross Left Over Right (8)

ROCK RECOVER, SHUFFLE 1/2 TURN, SIDE ROCK, BEHIND - SIDE - CROSS

- 1 2 3 & 4 Rock Forward On Right, Recover Onto Left, Making ½ Turn Right Shuffle Forward Stepping Right (3) Left (&) Right (4)
- 5 6 7 & 8 Rock Left To Side, Recover Onto Right, Cross Left Behind Right (7), Step Right To Side (&), Cross Left Over Right (8) (3 O'Clock)

REPEAT

This Dance Is Dedicated To My Whanau Back Home, Thinking Of You Always. When I Heard This Song It Made Me Think Of You All.

Arohanui & Big Kisses!!