拍数： 102
堷数： 2
级数：Phrased Intermediate
编舞者：M．Vasquez（UK）－September 2013
音乐：Copacabana－Barry Manilow


Tags and Restarts： 3 Tags and 1 Restart（All tags and Section B occur on the front wall，facing 12 O＇clock）

## Intro：Dance begins on the word＇Lola＇

Dance Sequence：Wall 1 （Section A），Wall 2 （Section A and Tag），Wall 3 （Section A），Wall 4 （Section A，Tag， followed by Section B），Wall 5 Section A，Wall 6 （Section A and Tag），Wall 7 at the end of the four paddle turns restart dance

## Section A

Rodeo Kicks，R Sailor Step，Rodeo Kicks，L Sailor Step
1－2 Kick R foot forward，Kick R foot to the side
3\＆4 Cross $R$ foot behind $L$ ，Step $L$ foot to $L$ side，Step $R$ to place
5－6 Kick $L$ foot forward，Kick $L$ foot to the side
7\＆8 Cross $L$ foot behind $R$ ，step $R$ foot to $R$ side，Step $L$ to place
Heel Digs，Side－Behind－ $1 / 4$ Turn L，Step，Rock and Recover，L Coaster Step
9－10 Touch $R$ heel diagonally forward twice
11\＆12 Cross $R$ foot behind $L$ ，Turn $1 / 4 L$ stepping $L$ foot forward，Step $R$ foot forward
13－14 Rock forward on $L$ foot，Recover back on $R$ foot
15\＆16 Step L foot back，Step R foot next to L，Step L foot forward
V－Step Forward，V－Step Back
17－18 Step $R$ foot diagonally forward right．Step $L$ foot to $L$ side．
19－20 Step $R$ foot back to centre．Step $L$ foot beside R．
21－22 Step $R$ foot diagonally backward $R$ ．Step $L$ foot to $L$ side．
23－24 Step $R$ foot back to centre．Step $L$ foot beside R．
Rock and Recover，Triple Step，Rock and Recover，Triple Step
25－26 Rock $R$ foot to $R$ side．Recover onto $L$ foot．
27\＆28 Triple right－left－right on the spot
29－30 Rock $L$ foot to $L$ side．Recover onto $R$ foot
31\＆32 Triple left－right－left on spot

## Paddle Turns

33－34 Touch $R$ toe forward，turn $1 / 4 \mathrm{~L}$ and roll hips in anti－clockwise direction
35－36 Touch $R$ toe forward，turn $1 / 4 \mathrm{~L}$ and roll hips in anti－clockwise direction
37－38 Touch $R$ toe forward，turn $1 / 4 \mathrm{~L}$ and roll hips in anti－clockwise direction
39－40 Touch $R$ toe forward，turn $1 / 4 \mathrm{~L}$ and roll hips in anti－clockwise direction

Vine R and Shimmy，Side－Behind－ $1 / 4$ Turn L，Touch
41－42 $\quad$ Step $R$ to $R$ side，Cross $L$ behind $R$
43－44 $\quad$ Step $R$ to $R$ side，Touch $L$ toe next to $R$
45－46 Step $L$ foot to $L$ side，Cross $R$ behind $L$ ，turn $1 / 4 L$ and touch $R$ toe next to $L$（shimmy as you go）

## Section B

1－8 Vine R and Shimmy and Vine L and Shimmy
9－16 Vine R and Shimmy and Vine L and Shimmy

17-20
21-24
25-28
29-32
33-40
41-48
49-56

Step $R$ forward on the diagonal, Step $L$ next to $R$, Step $R$ forward on the diagonal, Touch $L$ next to R
Step L forward on the diagonal, Step $R$ next to $L$, Step $L$ forward on the diagonal, Touch $R$ next to L
Step $R$ backwards on the diagonal, Step $L$ next to $R$, Step $R$ backwards on the diagonal, Touch L next to R
Step $L$ backwards on the diagonal, Step $R$ next to $L$, Step $L$ backwards on the diagonal, Touch R next to L

Tag: See sequence
1-8 V-Step Forward, V-Step Backward
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