Black Heart

拍数: 64

级数: Intermediate



音乐: Black Heart - Stooshe

Intro: 16 counts

(S.1) R SIDE STEP, BEHIND, R FWD ¼ R TURN, FWD LOCK STEPS, ½ PIVOT L TURN, FULL TURN, FWD

- 1-2&3&4 Step RF to right side, step LF behind RF, step RF fwd with ¼ R turn, step LF fwd, lock RF behind LF, step LF fwd
- 5-6-7&8 Step RF fwd, ½ pivot turn L, ½ turn L by stepping RF back, ½ turn L by stepping LF fwd, step RF fwd (9 o'clock)

(S.2) L FWD, KICK BALL STEP, R FWD MAMBO, STEP LF BACK, COASTAL CROSS

- 1-2&3 Step LF fwd, kick RF fwd, step RF beside LF, step LF fwd
- 4&5 Rock RF fwd, recover on LF, step RF back
- 6-7&8 Step LF back, step RF back, step LF beside RF, cross RF over LF (9 o'clock)

(S.3) L SIDE ROCK CROSS, R SCISSORS CROSS, L SIDE STEP, CROSS BEHIND, UNWIND ¾ R TURN, L SIDE STEP

- 1&2 Rock LF to the left, recover on RF, cross LF over RF
- 3&4 step RF to right side, step LF beside RF, cross RF over LF
- 5-6-7-8 Step LF to left side, cross RF behind LF, unwind ³/₄ R, step LF to left side (6 o'clock)

(S.4) TRAVELLING BACK R & L SAILORS, CROSS ROCK, CHASSE ¼ R TURN

- 1&2 Cross RF behind LF, step LF to left side, step RF to right side
- 3&4 Cross LF behind RF, step RF to right side, step LF to left side
- 5-6-7&8 Rock RF across LF, recover on LF, step RF to right side with ¼ R turn, step LF beside RF, step RF to right side (9 o'clock)

(S.5) CROSS, R SIDE STEP, L SAILOR WITH HEEL TOUCH, STEP LF PLACE, CROSS, L SIDE STEP, L SAILOR WITH HEEL TOUCH, STEP RF IN PLACE

- 1-2 Cross LF over RF, step RF to right side
- 3&4& Cross LF behind RF, step RF beside LF, touch Left Heel to left diagonal, step LF in place
- 5-6 Cross RF over LF, step LF to left side
- 7&8& Cross RF behind LF, step LF beside RF, touch Right Heel to right diagonal, Step RF in place (9 o'clock)

(S.6) CROSS ROCK, L CHASSE ¼ L, R FWD ROCK, TRIPPLE FULL TURN R

- 1-2-3&4 Rock LF across RF, recover on RF, step LF to left side, step RF beside LF, step LF fwd with 1/4 L turn
- 5-6 Rock RF fwd, recover on LF,
- 7&8 Right triple step on the spot making full turn right (RLR) (6 o'clock)

(S.7) L FWD ROCK, BACK LOCK STEP, BACK, KICK, COASTAL STEP

- 1-2-3&4 Rock LF fwd, recover on RF, step LF back, lock RF across LF, step LF back
- 5-6&7-8 Step RF back, kick LF fwd, step LF back, step RF beside LF, step LF fwd (6 o'clock)

(S.8) ¼ PIVOT L TURN, CROSS SHUFFLE, L SIDE STEP, DRAG RF, KICK BALL CROSS

- 1-2-3&4 Step RF fwd, ¼ pivot turn left, cross RF over LF, step LF to left side, cross RF over LF
- 5-6-7&8 Long step LF to left side, drag RF towards LF, kick RF to right diagonal, step RF beside LF, cross LF over RF (3 o'clock)





墙数:4

START AGAIN!

No Tag, no Restart. Enjoy!!

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