You and I



编舞者: Audrey Watson (SCO) - September 2013

音乐: Were Gonna Be Alright - Justin Mcgurk: (CD: The Road Back - iTunes)



** Floor Split with We're Gonna Be Alright **

Intro: 32 Counts from the heavy beat. on main Vocals

Section One: Heel Strut, Side Rock x 2

Touch right heel fwd, drop right toes to floor.
Rock left to left side, recover weight on right.
Touch left heel fwd, drop left toes to floor.
Rock right to right side, recover weight on left.

Section Two: Mambo Hold, Run Back Hold.

1-2	Rock fwd on right.	, recover weight back on left.

3-4 Step back on right, hold for a beat.

5-6 Run back left, right.

7-8 Run back left, hold for a beat.

Section Three: Side Hold, Tog Hold, Chasse Touch.

1-2	Step right to right side, hold for a beat.
3-4	Step left next right, hold for a beat.

5-6 Step right to right side, close left next right.7-8 Step right to right side, touch left next right.

Section Four: Side Touch x 2, Grapevine ¼ Turn Scuff.

1-2	Step left to left side, touch right next left.
3-4	Step right to right side, touch left next right.
5-6	Step left to left side, step right behind left.

7-8 Turn ¼ left stepping fwd on left, scuff right foot fwd.

Start Again

Finish dance at 3 min 17 seconds when the music fades.