California Sunshine



编舞者: Martin Blandford (UK) & Paul Worthington (UK) - October 2013

音乐: California Girls - The Beach Boys



Start on vocals - No Tags Or Restarts

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Cross Rock.	Recover.	weave	Riant.	KICK.	Benina	Side Cross

1-2	Cross rock	riaht over left	. Recover onto left

&3-4 Step down on right (&). Cross left over right. Step right to right side

5-6 Step left behind right. Kick right to right diagonal

7&8 Step right behind left. Step left to left side. Cross right over left

Side Rock, Recover ¼ Turn Right, Left Shuffle Forward, Step ½ Turn, Shuffle ½ turn

1-2	Rock left to left side. Recover onto right – making ¼ turn right
3&4	Step forward on left. Step right next to left. Step forward on left
5-6	Step forward on right. Make ½ turn to left
7&8	Make ½ turn to left – stepping right left right

Rock 1/4 Left, Recover, Sailor Step (x2), Point left back. 1/2 Turn left

1-2	Rock left to left side – making ¼ turn left. Recover onto right.
3&4	Step left behind right. Step right to right side. Step left to left side
5&6	Step right behind left. Step left to left side. Step right to right side
7-8	Point left toe back. Make ½ turn left (Weight ends on left foot)

Kick Ball Change, Mambo ¼ Turn, Cross Rock Recover. Step Pivot ¼ turn

1&2	Kick right foot forward.	Step down on right.	Step left next to right

Rock forward on right. Recover onto left (&). Step right to right side – making ¼ turn right

5&6 Cross left over right. Rock right to right side. Recover onto left foot

7-8 Step forward on right. Pivot ¼ turn left

Start again & enjoy