Zombie Thriller



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Amanda Andrews (USA) - October 2013

音乐: Thriller - Michael Jackson



RIGHT SIDE STEP, HIP THRUSTS, RIGHT SIDE STEP, HIP THRUSTS

1 & 2 Step right to side while thrust pelvis forward, thrust pelvis back, thrust pelvis forward Spread right arm forward, left arm behind you (hands in claws) while upper body & head twisted to left & 3&4 Thrust pelvis back, bring left together while thrust pelvis forward, thrust pelvis back, thrust

pelvis back

Spread right arm forward, left arm behind you (hands in claws) while upper body & head twisted to left

5 & 6 Step right to side while thrust pelvis forward, thrust pelvis back, thrust pelvis forward &7&8 Thrust pelvis back, bring left together while thrust pelvis forward, thrust pelvis back, thrust

pelvis back

ROCK RIGHT FORWARD, ROCK RIGHT BACK, ½ TO THE LEFT, STOMP RIGHT, STOMP LEFT

1 - 2 Rock right forward, recover to left
3 - 4 Rock right back, recover to right

5 – 6 Step right forward, ½ turn to the left (end with weight on left)

7 – 8 Stomp right together, stomp left in place

RIGHT SIDE STEP, HIP THRUSTS, RIGHT SIDE STEP, HIP THRUSTS

1 & 2 Step right to side while thrust pelvis forward, thrust pelvis back, thrust pelvis forward

Spread right arm forward, left arm behind you (hands in claws) while upper body & head twisted to left

&3&4 Thrust pelvis back, bring left together while thrust pelvis forward, thrust pelvis back, thrust pelvis back

Spread right arm forward, left arm behind you (hands in claws) while upper body & head twisted to left

Step right to side while thrust pelvis forward, thrust pelvis back, thrust pelvis forward

Thrust pelvis back, bring left together while thrust pelvis forward, thrust pelvis back, thrust

pelvis back

ROCK RIGHT FORWARD, ROCK RIGHT BACK, ½ TO THE LEFT, STOMP RIGHT, STOMP LEFT

1 - 2 Rock right forward, recover to left
3 - 4 Rock right back, recover to right

5-6 Step right forward, $\frac{1}{2}$ turn to the left (end with weight on left)

7 – 8 Stomp right together, stomp left in place

WALK, WALK, WALK, TOUCH, WALK, WALK, WALK, TOUCH

1 – 2 Step right forward, step left forward

Arms ¼ turn angles (elbows at side), hands in claws, brings claws across body to right side, then left side 3 – 4 Step right forward, touch left to side

Arms ½ turn angles, hands in claws, brings claws across body to right side, bring claws up to the left in the air, head look at the claws

5 – 6 Step left back, step right back

Arms ¼ turn angles(elbows at side), hands in claws, brings claws down & across body to right side, then left side

7 – 8 Step left back, touch right to side, with right knee bent

Arms 1/4 turn angles, hands in claws, brings claws across body to right side, then left side

HIP THRUSTS, 1/4 TO THE RIGHT JAZZ BOX

1 & 2 Tilt pelvis upward to right, tilt pelvis back to left, tilt pelvis upward to right

Tilt pelvis back to left, tilt pelvis upward to right, tile pelvis back to left, tilt pelvis upward to

right

Arms ¼ turn angles, hands in claws, brings claws across body to right, left, right, left, right, left, right (with

hips)

&5-6 Tilt pelvis back to left, cross right over left, step left back making ¼ turn to the right

7 – 8 Step right to side, bring left together

REPEAT

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