拍数： 64
堷数： 4
级数：Easy Intermediate
编舞者：Gaye Teather（UK）\＆Val Myers（UK）－October 2013
音乐：Love Is Alive－Phil Vassar ：（Written as 186 bpm）

Intro： 48 counts from very first beat．（19 seconds）．Start on vocals

## Dance rotates in CW direction

Touch out．Touch in．Kick．Step．Side rock．Cross．Hold
1－4 Touch Right toe to Right side．Touch Right toe beside Left．Kick Right foot forward．Step Right beside Left
5－8 Rock Left to Left side．Recover onto Right．Cross Left over Right．Hold
Vine quarter turn Right．Hold．Step．Pivot half turn Right．Half turn Right．Hold
1－4 Step Right to Right side．Cross Left behind Right．Quarter turn Right stepping forward on Right．Hold
$5-8 \quad$ Step forward on Left．Pivot half turn Right．Half turn Right stepping back on Left．Hold（Facing 3 o＇clock）
Non－turning option for counts 5 － 8 above：Left forward Mambo．Hold
Right Shuffle Back．Hold．Left Coaster step．Hold
1－4 Step back on Right．Step Left beside Right．Step back on Right．Hold
5－8 Step back on Left．Step Right beside Left．Step forward on Left．Hold
Step．Pivot quarter turn Left．Cross．Hold．Side．Hold．Touch．Hold
1－4 Step forward on Right．Pivot quarter turn Left．Cross Right over Left．Hold．
5－8 Step Left to Left side．Hold．Touch Right next to Left．Hold
＊Tag／restart：At this point during wall 5 add the 8 count tag（see note below）and restart dance from beginning facing 12 o＇clock

Side Right．Together．Forward．Hold．Side Left．Together．Quarter turn Left．Hold
1－4 Step Right to Right side．Step Left beside Right．Step forward on Right．Hold
5－8 Step Left to Left side．Step Right beside Left．Quarter turn Left stepping forward on Left．Hold （Facing 9 o＇clock）

Step．Hold．Pivot half turn Left．Hold．Step．Lock．Step．Lock
1－4 Step forward on Right．Hold．Pivot half turn Left．Hold（Facing 3 o＇clock）
5－8 Step forward on Right．Lock Left behind Right．Step forward on Right．Lock Left behind Right

Right Coaster step forward．Hold．Left Coaster step back．Hold
1－4 Step forward on Right．Step Left beside Right．Step back on Right．Hold
5－8 Step back on Left．Step Right beside Left．Step forward on Left．Hold．
Right Scissor step．Hold．Left Scissor step．Hold
1－4 Step Right to Right side．Step Left beside Right．Cross Right over Left．Hold
5－8 Step Left to Left side．Step Right beside Left．Cross Left over Right．Hold

## Start again

＊Add the following 8 count tag after count 32 of wall 5 （facing 12 o＇clock）and then restart from the beginning facing front
Side．Hold．Touch．Hold．Side．Hold．Touch．Hold
1－4 Step Right to Right side．Hold．Touch Left next to Right．Hold．

Optional Ending: (To finish facing front). During wall 8, dance to count 8 of section 5 then step forward on Right. Hold. Pivot quarter turn Left. Hold. Cross Right over Left. Step Left to Left side. Cross Right over Left. Step Left to Left side

