

Samba Break

拍数: 64 墙数: 4 级数: Phrased Intermediate
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音乐: Dance Bailalo - Kat DeLuna



Sequence – ABAAABAAB(16 Count)
Start After 48 Count

PART A

I. SAMBA WHISK (RIGHT-LEFT),TURN 1/4 LEFT – SAMBA WHISK

- 1a2 - Step R to side, Ball L slightly behind R, Recover R in place 3a4 - Step L to side, Ball R slightly behind R, Recover L in place 5a6 - Turn 1/4 left, Step R to side, Ball L slightly behind R, Recover R in place
7a8 - Step L to side, Ball R slightly behind R, Recover L in place

II. HIP BUMP FORWARD , BOTA FOGO

- 1a2 - Step forward bump hips on R, Bump hips back on L, Step forward bump hips on R
3a4 - Step forward bump hips on L, Bump hips back on R, Step forward bump hips on L
5a6 - Cross R over L, Rock L to side (on ball of L), Recover on R
7a8 - Cross L over R, Rock R to side (on ball of R), Recover on L

III. TURN 1/4 RIGHT, JAZZ BOX,TURN 1/4 LEFT, JAZZ BOX, SYNCOPATED CROSSES

- 1a2 - Cross R over L, Turn 1/4 R step L back, Step R to R side
3a4 - Cross L over R, Turn 1/4 L step R back, Step L to L side
5&6&7&8 - Cross R over L, Step L to side, Cross R over L, Step L to side, Cross R over L, Step L to side, Cross R over L

IV. FORWARD COASTER, BACK COASTER, SYNCOPATED FULL TURN LEFT

- 1&2 - Step L forward, Step R beside L, Step L back
3&4 - Step R back, Step L beside R, Step R forward
5&6&7&8 - Turning 1/4 L Step L forward, Step R behind L, Turning 1/4 L Step L forward, Step R behind L, Turning 1/4 L Step L forward, Step R behind L, Turning 1/4 L step L forward.

PART B

I. SAMBA WHISK RIGHT-TURN 1/4 LEFT, SAMBA WHISK LEFT-TURN 1/4 LEFT, SAMBA WHISK RIGHT-TURN 1/4 LEFT, SAMBA WHISK LEFT

- 1a2 - Step R to side, Ball L slightly behind R, Recover R in place
3a4 - Turn 1/4 left Step L to side, Ball R slightly behind L, Recover R in place
5a6 - Turn 1/4 left Step R to side, Ball L slightly behind R, Recover R in place
7a8 - Turn 1/4 left Step L to side, Ball R slightly behind L, Recover L in place

II. SIDE TO SIDE-DIAGONAL FORWARD RIGHT-TOUCH BESIDE-SIDE TO SIDE-DIAGONAL FORWARD LEFT-TOUCH BESIDE

- 1-2 - Step R to side, Step L to side
3-4 - Step R diagonal forward, Touch L beside R(bending your knees)
5-6 - Step L to side, Step R to side
7-8 - Step L diagonal forward, Touch R beside L (bending your knees)

III. HITCH-DIAGONAL BACK WALK-HITCH-BACK WALK-HITCH-BACK ROCK RECOVER-PADDLE TURN 1/8 LEFT

- &1&2 - Hitch your R facing 10.30,Back walk R L R facing 10.30
&3&4 - Hitch your L facing 10.30,Back walk L R L facing 10.30
&5-6 - Hitch your R, Rock R back, Recover on L facing 10.30

7&8 - Turning 1/8 left with stepping paddle touch R to side facing 09.00, Hitch on R, Turn ¼ left
Touch R to side facing 06.00

IV. BOTA FOGO RIGHT-BOTA FOGO LEFT-TOUCH-HOLD-HIP ROLL

1a2 - Cross R over L, Ball L to side, Step R in place
3a4 - Cross L over R, Ball R to side, Step L in place
5-6 - Touch R slightly forward, Hold
7-8 - Hip roll (option: hip roll bounce with counts 7&8)

-----No Tag And Restart-----

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