

Heartbreaking Time

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: High Intermediate WCS
编舞者: Jo Kinser (UK) & John Kinser (UK) - September 2013
音乐: Heartbreaker (Acoustic Live) - Alice Russell : (Album: Heartbreaker, Remixes, EP
- iTunes)



Start 32 counts in (0.28)

[1-8] Back Together, Ball Step, Brush-Hitch Out Behind, Shuffle 1/4 Turn, Step

1, 2&3 Step Rt back, Step Lt next to Rt, Step ball of Rt slightly fwd, Step Lt fwd
4&5 Brush Rt fwd, take Rt knee to Rt side in a fig-4 position, Step Rt behind Lt
6&7 Step Lt to Lt, Step Rt next to Lt, Make 1/4 turn Lt stepping Lt fwd (9:00)
8 Step Rt fwd

[9-16] 1-1/2 Turns, Fwd, Mambo Step, Shuffle 1/2 Turn, Step

1 Make 1/2 turn Lt stepping Lt stepping fwd (3:00)
2&3 Make 1/2 turn Lt stepping Rt back (9:00), Make 1/2 turn Lt stepping Lt fwd (3:00), Step Rt slightly fwd
4&5 Rock Lt fwd, Replace weight Rt, Step Lt back
6&7 Make 1/4 Rt stepping Rt to Rt (6:00), Step Lt next to Rt, Make 1/4 Rt stepping Rt fwd (9:00)
8 Step Lt fwd

[17-24] Fwd, Mambo Step, Back-Drag, Back, Coaster Step, Fwd

1,2&3 Step Rt slightly fwd, Rock Lt fwd, Replace weight Rt, Step Lt back
4 Step Rt back dragging Lt heel to Rt foot
5,6&7 Step Lt back, Step Rt back, Step Lt next to Rt, Step Rt fwd
8 Step Lt fwd

[25-32] Hitch, 1/4 Bump, Side Bump, 1/4 Turn, 3/4, Together, Side, Cross

1,2 Hitch Rt knee up, Make 1/4 turn Rt stepping Rt to Rt bumping hip Rt (12:00)
3,4 Bump hip Lt (weight Lt), Make 1/4 turn Rt stepping Rt fwd (3:00)
5,6 Make 1/2 turn Rt stepping Lt back (9:00), Make 1/4 turn Rt stepping Rt to Rt (12:00)
&7,8 Step Lt next to Rt, Step Rt to Rt, Cross Lt over Rt

[33-40] Side, Sailor 1/4 Turn, Walk Around 1/4, Shuffle 1/4 Turn, Side

1,2&3 Step Rt to Rt, Make 1/4 turn Lt stepping behind Rt (9:00), Step Rt in place, Step Lt fwd
4,5 Step Rt fwd 1/8 turn Lt (7.30), Step Lt fwd 1/8 turn Lt (6:00)
6&7 Step Rt fwd, Making 1/4 turn Lt step Lt next to Rt (3:00), Step Rt fwd
8 Step Lt to Lt Diagonal

[41-48] Cross, Back & Cross, Side, Cross Rock, Side, Together, Side-Drag

1,2&3 Cross Rt over Lt, Step Lt back, Step Rt to Rt, Cross Lt over Rt
4 Step Rt to Rt diagonal
5&6& Cross Rock Lt over Rt, Replace weight Rt, Step Lt to Lt, Step Rt next to Lt
7,8 Step Lt to Lt, Drag Rt towards Lt

[49-56] Cross, Unwind, Sweep, Cross-Back-Side, Cross, Back, Side

1,2,3 Cross Rt over Lt (weight Rt), Unwind a full turn Lt (weight Lt), Sweeping Rt from back to front
4&5 Cross Rt over Lt, Step Lt back, Step Rt to Rt
6,7,8 Cross Lt over Rt, Step Rt back, Step Lt to Lt

[57-64] Press-Cross, 1/4 Turn, Coaster Step, Step 1/2 Turn, & Cross 1/4

1 Cross Rt toe over Lt pressing down on ball of Rt foot

- 2 Pushing of ball of Rt foot make 1/4 turn Rt stepping Lt back (6:00)
- 3&4 Step Rt back, Step Lt next to Rt, Step Rt fwd
- 5,6 Step Lt fwd, Make 1/2 turn Rt stepping Rt fwd (12:00)
- &7,8 Make 1/4 turn Rt stepping ball of Lt to Lt (3:00), Cross Rt over Lt, Make 1/4 turn Rt stepping Lt back (6:00)

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