

Head Over Heels

拍数: 64 墙数: 4 级数: Low Intermediate
编舞者: Nathan Gardiner (SCO) - October 2013
音乐: You're My First Love (Head Over Heels) (feat. Lianie May) - EDEN



Intro: 32 counts start in vocals - No tags or Restarts

ROCK RECOVER, COASTER STEP, ROCK RECOVER, 1/2 SHUFFLE LEFT

1-2 rock forward on right, recover on left
3&4 step back on right, step left next to right, step right forward
5-6 rock forward on left, recover on right
7&8 1/2 turn left, stepping left,right,left

FULL TURN LEFT, STEP FORWARD, KICK LEFT, WALK BACKWARDS, TOUCH

1-2 1/2 turn left stepping back on right, 1/2 turn left stepping forward on left
3-4 step forward on right, kick left foot forward
5-8 walk backwards stepping left, right, left, touch right next to left

WEAVE RIGHT, CHASSE RIGHT, ROCK RECOVER

1-4 step right to right side, step left behind right, step right to right side, cross step left over right
5&6 step right to right side, step left next to right, step right to right side
7-8 rock back on left, recover on right

WEAVE LEFT, CHASSE LEFT, ROCK RECOVER

1-4 step left to left side, step right behind left, step left to left side, cross step right over left
5&6 step left to left side, step right next to left, step left to left side
7-8 rock back on right, recover on left

1/2 TURN PIVOT LEFT, SHUFFLE FORWARD, ROCK RECOVER, STEP BACK, TOUCH

1-2 1/2 turn pivot left
3&4 step forward on right, step left next to right, step forward on right
5-6 rock forward on left, recover on right
7-8 step back on left, touch right next to left

STEP TOUCH, STEP TOUCH, ROCK RECOVER, CROSS SHUFFLE

1-2 step right to right side, touch left next to right
3-4 step left to left side, touch right next to left
5-6 rock out to right side, recover on left
7&8 cross step right over left, step left to left side, cross step right over left

ROCK RECOVER, SAILOR 1/4 TURN LEFT, ROCK RECOVER, FULL TURN BACKWARDS RIGHT

1-2 rock out to left side, recover on right
3&4 step left behind right, 1/4 turn left stepping back on right, step left diagonally forward
5-6 rock forward on right, recover on left
7-8 1/2 turn right stepping forward on right, 1/2 turn right stepping back on left

ROCK RECOVER, SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP

1-2 rock back on right, recover on left
3&4 step forward on right, step left next to right, step forward on right
5-6 rock forward on left, recover on right
7&8 step back on left, step right next to left, step forward on left

Start Again.....Happy Dancing

Contact: nathan.gardiner1998@hotmail.co.uk
