Far From Plastic

级数: Beginner

编舞者: Jackie Zubik - August 2013

音乐: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke

Start on vocals

[1-8] LOCK STEP BEHIND STEP CLAP ON DIAGONAL R & L

Step right on diagonal to 1:00 lock step left behind right, step right clap. 1,2,3,4

5,6,7,8 Step left on diagonal to 11:00, lock step right behind left, step left clap.

(Optional pump arms front to back elbows bent 1-8 shoop fashion.)

[9-16] 4 COUNT VINE RIGHT AND LEFT OR ROLLING VINE R & L

- Step right to right, step left behind right, step right, touch left next to right. Clap optional 1,2,3,4
- 5,6,7,8 Step left, step right behind left, step left, touch right next to left. Clap optional

[17-24] ROCK RECOVER BEHIND AND CROSS R & L

- 1,2,3&4 Rock right to right side recover left, cross right behind left, step left, cross right in front of left weight on right
- 5,6,7&8 Rock left to left side recover right, cross left behind right, step right, cross left over right weight on left.

[25-32] TRIPLE FORWARD RIGHT AND LEFT, 2 1/4 PADDLE TURNS TO LEFT

- Step right forward, bring left together with right, step right forward, step left forward, bring 1&2 3&4 right together with left, step left forward.
- Step forward with right pivot 1/4 turn to left, step forward with right pivot 1/4 turn to left ending 5,6,7,8 with weight on left.

REPEAT AND HAVE FUN

Contact: randi1@windstream.net





拍数: 32

墙数: 2