City of Pain

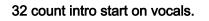
级数: Intermediate

编舞者: Rep Ghazali (SCO) - October 2013

音乐: Nobody Knows (Almighty Club Radio Edit) - Darin

墙数:2

拍数: 64



[01-08] R SIDE-HOLD, BALL-R SIDE ROCK-RECOVER L, R BEHIND-L SIDE, R CROSS SHUFFLE

- 1-2 step Right to Right side, hold
- &3-4 step Left together, rock Right to Right side, recover on Left
- 5-6 step Right behind Left, step Left to Left side
- 7&8 cross Right over Left, step Left to Left side, cross Right over Left

[09-16] L SIDE-HOLD, BALL-SIDE ROCK-RECOVER, L BEHIND-¼ TURN R, L CROSS-R BACK

- 1-2 step Left to Left side, hold
- &3-4 step Right together, rock Left to Left side, recover on Right
- 5-6 cross Left behind Right, ¹/₄ turn Right by stepping forward Right (3)
- 7-8 cross Left over Right, step back Right (3)

[17-24] L SIDE SHUFFLE, L ROCK BACK-RECOVER R, R SIDE-L BEHIND, ¼ TURN-SCUFF L

- 1&2 step Left to Left side, step Right together, step Left to Left side
- 3-4 rock back Right, recover Left
- 5-6 step Right to Right side, step Left behind Right
- 7-8 1/4 turn Right by stepping forward on Right (6), scuff forward Left (6)

[25-32] L FWD-HITCH R, BACK R-L SIDE TOUCH, L FWD-HITCH ½ TURN, WALK-WALK

- 1-2 step forward Left, hitch up on Right
- 3-4 step back Right, point Left to Left side
- 5-6 step forward Left, keeping weight on Left make ¹/₂ turn Left by hitching up on Right (12)
- walk forward Right, walk forward Left (12) 7-8
- RESTART: 3rd wall restart facing 12 o'clock wall

[33-40] SYNCOPATED ROCKS FWD, L BACK-TOUCH-HOLD, R BACK-TOUCH-HOLD

- 1-2 rock forward Right, recover on Left
- &3-4 step Right together, rock forward Left, recover on Right
- &5-6 step back Left, touch Right together, hold
- &7-8 step back Right, touch Left together, hold

[41-48] BALL-POINT ¼ TURN-½ MONTEREY, R ROCK BACK-RECOVER L, R SHUFFLE FWD

- &1-2 step Left together, ¼ turn Left by pointing Right to Right side (9), make ½ turn Right by stepping Right together (3)
- 3-4 point Left to Left side, step Left together
- rock back Right, recover on Left 5-6
- step forward Right, step Left together, step forward Right (3) 7&8

[49-56] L TOUCH, L KICK BALL BACK, ½ TURN L-½ TURN TOE STRUT, L SIDE ROCK-RECOVER R

- touch Left together 1
- 2&3 kick forward Left, step back Left, step back Right
- 4-6 $\frac{1}{2}$ turn Left by stepping forward Left (9), $\frac{1}{2}$ turn Left by touching Right toe back, drop Right heel (3)
- 7-8 side rock Left to Left, recover on Right (3)

[57-64] L CROSS-¼ TURN L, L COASTER STEP, FULL TURN L, R FWD-½ PIVOT



- 1-2 cross Left over Right, ¼ turn Left by stepping back on Right (12)
- 3&4 step back Left, step Right together, step forward Left
- 5-6 ¹/₂ turn Left by stepping back Right (6), ¹/₂ turn Left by stepping forward Left (12)
- 7-8 step forward Right, ½ pivot turn Left (6)

RESTART: 3rd wall (front wall) - dance up to count 32 and restart facing 12 o'clock wall

OPTIONAL ENDING: 7th wall (back wall)- dance up to count 32 then step forward Right, ½ pivot turn Left to face front wall....