Honky Tonk Swing



编舞者: Gary Lafferty (UK) - November 2013

音乐: Heartaches and Honky Tonks - Keith Harling: (Album: Bring it On)



Music Info: 132 bpm ... you will hear the words "1234" spoken so just keep counting - "5678" This track is on the album "Bring It On" ... the individual song is on both iTunes & Amazon

RIGHT SIDE-SHUFFLE, ROCK BACK, RECOVER; LEFT SIDE-SHUFFLE 1/4 TURN, ROCK BACK, RECOVER

1&2	Step to Right on Right fool	t . step on Left foot beside F	Right , step to Right on Right foot

3-4 Rock back on Left foot , recover weight onto Right

Step to Left on Left foot , step on Right foot beside Left , turn ¼ Right stepping back onto Left

foot

7-8 Rock back on Right foot, recover weight onto Left foot

TOE TOUCHES, HEEL GRINDS

1-2	Touch Right foot forward, step on Right foot beside Left
3-4	Touch Left foot forward, step on Left foot beside Right

5-6 Touch Right heel forward with toes turned in , turn toes out taking weight onto full Right foot

flat on floor

7-8 Touch Left heel forward with toes turned in , turn toes out taking weight onto full Left foot flat

on floor

Note You will move forward slightly with the heel grinds

ROCK FORWARD, RECOVER, 1/4 SIDE-SHUFFLE; WEAVE TO RIGHT

1-2	Rock forward on Right foot , recover weight back onto Left foot
3&4	Turn ¼ Right stepping to Right on Right foot , step on Left foot beside Right , step to Right on
	Right foot

Cross-step Left foot over Right , step to Right on Right foot
Cross-step Left foot behind Right , step to Right on Right foot

CROSS-ROCK, RECOVER, LEFT SIDE-SHUFFLE; JAZZ BOX with 1/4 TURN and CROSS

1-2	Cross-rock Left foot over Right, recover weight back onto Right foot
3&4	Step to Left on Left foot , step on right foot beside left , step to Left on Left foot
5-6	Cross-step Right foot over , turn ¼ Right stepping back onto Left foot

7-8 Step to Right on Right foot , cross-step Left foot over Right

START AGAIN!

TAG: At the end of the 3rd wall, there are 4 extra beats of music. Change the last 4 counts of the dance (jazz box ¼ turn) into a jazz box with NO turn – you will be facing the home 12 o'clock wall. Now do the Tag below: STOMP, STOMP then CLAP, CLAP

1-2 Stomp Right foot out slightly to Right , stomp Left foot out slightly to Left side

3-4 Clap your hands twice

For a bit of fun, clap hands with the dancers either side of you ... your left hand will clap the right hand of the dancer on your left , and your right hand will clap the left hand of the dancer on your right ... simples!