Bareh Solok

拍数: 64 **墙数:** 4 **级数:** Easy Intermediate

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音乐: Indonesian Folk Song - Bareh Solok

Intro - 40 count

I.□HEEL DIAGONALLY FORWARD, TOUCH REPLACE, 2x, TWIST

1-4	R Heel diagonally forward, R touch beside L, repeat.
5-6	Twist both heels to right, Twist both toes to right
7-8	Twist both heels to right, Twist both toes to centre

II.□HEEL DIAGONALLY FORWARD, TOUCH REPLACE, 2x, TWIST

1-4	L Heel diagonally forward, L touch beside R, repeat.
5-6	Twist both heels to left, Twist both toes to left.
7-8	Twist both heels to left, Twist both toes to centre

III.□SHUFFLE FORWARD, ROCK FORWARD, RECOVER, ½ TURN RIGHT SHUFFLE

1&2	Shuffle Forward on R-L-R
3&4	Shuffle Forward on L-R-L
5 , 6	Step R forward, recover on L
7&8	Turning ½ right & shuffle forward on R-L-R.

IV.□ SHUFFLE FORWARD, ROCK FORWARD, RECOVER, ½ TURN RIGHT SHUFFLE

1&2	Shuffle Forward on L-R-L
3&4	Shuffle Forward on R-L-R
5 , 6	Step L forward, recover on R
7&8	Turning ½ left & shuffle forward on L-R-L.

V.□ROCK SIDE, RECOVER, KICK FORWARD, CROSS OVER, REVERSE.

| 1-4 | Rock R to right side, recover on L, kick R forward, cross R over L. |
| 5-8 | Rock L to left side, recover on R, kick L forward, cross L over R. |

VI.□¼ TURN RIGHT SHUFFLE FORWARD, ½ TURN RIGHT SHUFFLE BACK, ¼ TURN RIGHT ROCK SIDE, RECOVER, CROSS SHUFFLE.

1&2	¼ turn right shuffle forward on R-L-R
3&4	½ turn right shuffle back on L-R-L
5 , 6	¼ turn right rock R to right side, recover on L
7&8	Cross shuffle on R-L-R.

VII.□STEP, CLOSE, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH.

| 1-4 | Step L to left side, close R beside L, step L to left side, touch R beside L |
| 5-8 | Step R to right side, touch L beside R, step L to left side, touch R beside L |

VIII.STEP FORWARD, ¼ TURN LEFT, CROSS SHUFFLE, ROCK SIDE, RECOVER, CROSS SHUFFLE.

1 , 2	Step R forward, ¼ turn left step L on place
3&4	Cross shuffle on R-L-R
5 , 6	Rock L to left side, recover on R
7&8	Cross shuffle on L-R-L.

TAG & RESTART on Wall 4 after count 35, do the Tag (1 count) and start again
Tag : After kick R forward (count 35), touch R beside L (1) and Restart

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