

# No Stopping Your Heart

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Sally Hung (TW) - November 2013  
音乐: There's No Stopping Your Heart - Marie Osmond



Sequence of dance: Restart on wall 4 after finishing S3 (9:00)  
Start to dance after 16 counts

## **S1. SIDE, HOLD, BEHIND, SIDE, CROSS, ROCK, RECOVER, BEHIND, SIDE, CROSS**

1,2,3&4      Step R to R side, hold, step L behind R, step R to R side, cross step L over R  
5,6,7&8      Rock R to diagonal R, recover onto L, step R behind L, step L to L side, cross R over L

## **S2. ROCK, RECOVER, BEHIND, SIDE, CROSS, ROCK RECOVER FLICK (X2)**

1,2,3&4      Rock L to diagonal L, recover onto R, step L behind R, step R to R side, cross L over R  
5&6,7&8      Rock fwd on ball of R, recover on L, hop fwd on R and flick L back, rock fwd on ball of L, recover on R, hop fwd on L and flick R back

## **S3. WALK BACK R,L,R, POINT, WALK BACK L,R, L, POINT**

1,2,3,4      Walk back R, L, R, touch L toes to L side  
5,6,7,8      Walk back L,R,L, touch R toes to R side

## **S4. FWD SHUFFLE, FWD SHUFFLE, JAZZ BOX ¼ TURN R**

1&2,3&4      Shuffle fwd on RLR, shuffle fwd on LRL  
5,6,7,8      Cross R over L, ¼ turn R step back on L, step R to R side, step L fw

**Have Fun!!**

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