The Song



编舞者: Pat Stott (UK) - November 2013

音乐: The Song I'll Never Write - Gary Barlow: (Album: Since I Saw You Last, deluxe

edition)



(The music tells you what to do!)

Section 1: Lock step forward, scuff, lock step forward, scuff, mambo forward, lock step back

1&2& Right lock step forward, scuff left heel 3&4& Left lock step forward, scuff right heel

5&6 Right mambo fwd,7&8 Left lock step back

Section 2: 1/2 shuffle turn right, step turn step, side rock cross, side rock cross

1&2 1/2 shuffle right

3&4 Step forward on left, 1/2 pivot right, step forward on left

5&6 Right Side, rock, cross7&8 Left Side, rock, cross

(During walls 2 &5add 2 stomps and restart)

Section 3: Syncopated weave right, side rock, cross, step, cross, step, cross

1&2&3&4& Syncopated weave right

5&6&7&8 Side, rock, cross, step, cross, step, cross

Section 4: Rumba box with 1/4 turn left, side, together, back, sway, sway, side, close, side

1&2 Left Side, together, 1/4 left stepping fwd,

3&4 Right side, together, back

5-6 Step left to left and sway left, sway right

***(Walls 1 & 4 add sway left and Restart)

7&8 Side, close side

(Wall 7 - Restart)

Section 5: Cross rock, side, cross rock, side, 4 walks in circle

1&2 Cross right over left, recover, step right to right
3&4 Cross left over right, recover, step left to left
5-8 4 walks full turn left - right, left, right, left

Ending: Dance section 1 - Then:-

1&2 Shuffle 1/2 turn right

3&4 Rock left to left, recover on right, cross left over right

5 big step to right and hold arms out to sides