One Tear At A Time

拍数: 32

级数: Intermediate NC2S

编舞者: Rep Ghazali (SCO) - December 2013

音乐: I Will Never Forget You - Danielle Bradbery

16 count intro

[01-08] BASIC R, L SIDE-R BEHIND-¼ TURN, ½ TURN-L BEHIND-R SIDE, L CROSS ROCK-RECOVER-L SIDE TOUCH-L TOUCH TOGETHER

- 1-2& big step Right to Right, rock back Left, recover on Right
- 3-4& big step Left to Left, Right step behind Left, ¹/₄ turn Left by stepping Left to Left (9)
- 5-6& ½ turn Left by stepping Right to Right and sweep Left from front to back (3), step Left behind Right, step Right to Right (3)
- 7&8& cross rock Left over Right, recover on Left, touch Left to Left side, touch Left together (3)

[09-16] L ¼ TURN L, TRIPLE ½ TURN L SWEEP L, L BEHIND-R SIDE-L CROSS ROCK, RECOVER R-L SIDE-R CROSS, L SIDE ROCK-RECOVER R-L CROSS

- 1 ¹/₄ turn Left by stepping forward on Left (12)
- 2&3 ¹/₂ turn Left by stepping back on Right (6), step Left together, step back Right and sweep Left from front to back (6)
- 4&5 step Left behind Right, step Right to Right side, cross rock Left over Right (6)
- 6&7 recover on Right, step Left to Left, cross Right over Left

&8& rock Left to Left side, recover on Right, cross Left over Right (6)

RESTARTS: 2nd wall (restart facing front wall) and 5th wall (restart facing back wall)

[17-24] R $^{\prime\prime}_{4}$ TURN R-L $^{\prime\prime}_{2}$ TURN R, BACK R-BACK L DRAGGING R-R TOGETHER, L FWD, $^{\prime\prime}_{4}$ TURN SIDE ROCK-RECOVER L-R CROSS, $^{\prime\prime}_{4}$ TURN R

- 1-2 ¹/₄ turn Right by stepping forward on Right (9), ¹/₂ turn Right by stepping back on Left (3)
- &3-4 step back on Right, step back Left and dragging Right towards Left, step Right together
 5 step forward Left
- 6&7 1/4 turn Left by rocking Right to Right side, recover on Left, cross Right over Left (12)
- 8& ¹/₄ turn Right by stepping back on Left, ¹/₂ turn Right by stepping forward on Right (9)

[25-01] $^{\prime\!\!4}$ TURN SWAY L-SWAY R, L BEHIND-R SIDE-L FWD DIAGONAL, R ROCK FWD-RECOVER L, BACK R-L $^{\prime\!\!2}$ TURN L, FULL TURN L-1/8 TURN L

- 1-2 ¹/₄ turn Right by swaying Left to Left side, sway Right to Right side (12)
- 3&4 step Left behind Right, step Right to Right, step forward on Left to face Right corner (1.30)
- 5-6 rock forward Right (1.30), recover on Left (1.30)
- &7 step back Right (1.30), ½ turn Left by stepping forward on Left (7.30)
- 8&1 ½ turn Left by stepping back on Right (1.30), ½ turn Left by stepping forward on Left (7.30), 1/8 turn Left to face 6 o'clock wall to start the dance on count 1 (6)

RESTARTS: 2nd wall and 5th wall - dance up to count 16 including & count 2nd wall (Restart facing front wall) and 5th wall (Restart facing back wall)





墙数:2