Look Very Happy (Xi Shang Mei Shao)

级数: Phrased High Beginner

编舞者: Janet (Zhen Zhen) Ge (CN) - November 2013

音乐: Xi Shang Mei Shao by Dong Fang Tian Shi

Dance Sequence: ABB / T / A (1-32) / T (1-8) / ABBBB / B (17-32) / T

Intro: 40 counts from start of heavy beat

拍数: 96

Part A (64 counts)

[1-8] Twist R heels-toes-heels, Hold, Twist L heels-toes-heels, Hold

- 1 2 3 4 Twist both heels right, twist both toes right, twist both heels right, hold (Clap)
- 5 6 7 8 Twist both heels left, twist both toes left, twist both heels left, hold (Clap)

[2-8] Rumba Box Step

1 2 3 4 Step right to right, close left next to right, step right back, touch left next to right 5 6 7 8 Step left to left, close right next to left, step left forward, touch right next to left

[3-8] Touch, Close, Touch, Close, Touch, Close, Touch, Close,

- 1 2 3 4 Touch right toe forward, close right to left, touch left toe forward, close left to right
- 5 6 7 8 Touch right toe forward, close right to left, touch left toe forward, close left to right

[4-8] Jazz Box Step, Jazz Box Step

- 1 2 3 4 Cross right over left, step left back, step right to right, step left forward
- 5 6 7 8 Cross right over left, step left back, step right to right, step left forward

[5-8] Cross, Side, Behind, point, Cross, Side, Behind, Point

- 1 2 3 4 Cross right over left, step left to left, cross right behind left, point left to left side
- 5 6 7 8 Cross left over right, step right to right, cross left behind right, point right to right side

[6-8] Fwd, Recover, 1/2 Turn R Fwd, Brush, Fwd, Lock, Fwd, Brush

- 1 2 3 4 Step right forward, recover on left, 1/2 turn R stepping right forward, brush left forward
- 5 6 7 8 Step left forward, lock right behind left, step left forward, brush right forward (12:00)

[7-8] Same to 5-8

[8-8] Same to 6-8

Part B (32 counts)

[1-8] Bump x4, Rocking Chair Step

- 1234 Bump R,L,R,L
- 5 6 7 8 Step right forward, recover on left, step right back, recover on left

[2-8] Rolling Vine R, Touch, Rolling Vine L, Touch (Easy option: vine R & L)

- 1 2 3 4 Rolling vine R, touch left to left side
- 5 6 7 8 Rolling vine L, touch right to right side

[3-8] Walk, Walk, Walk, Kick, Back, Back, Coaster Step

- 1 2 3 4 Walk R, L, R, kick left forward
- 5 6 7 &8 Step left back, step right back, step left back, step right beside left, step left forward

[4-8] Diagonal back, Close, Diagonal Back, Touch, Diagonal Back, Touch, Diagonal Fwd, Touch

1 2 3 4 Step right back diagonal R , close left to right, step right back diagonal R, touch left beside left





墙数: 1

5 6 7 8 Step left back diagonal L, close right to left, step left back diagonal L, touch right beside left

Tag:: (16 Counts)

[1-8] Side Together, Side, Touch, Side Together, Side, Touch

1 2 3 4 Step right to right, close left to right, step right to right, touch left next to right

5 6 7 8 Step left to left, close right to left, step left to left, touch right next to left

[2-8] Fwd, Recover, Coaster Step, Fwd, Recover, Coaster Ste

1 2 3&4 Step right forward, recover on left, step right back, step left next to right, step right forward

5 6 7&8 Step left forward, recover on right, step left back, step right next to left, step left forward

Please refer to the tutorial video for all hand's movement

Have Fun!

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