If There's Love

拍数: 32	墙数: 4	级数: Beginner

编舞者: Vernine Adkins (USA), Jo Dike (USA) & Debbie Vandervoort (USA) - June 2013

音乐: I Won't Let You Go - James Morrison

LUNGE R DIAGONAL, BACK ROCK R, SIDE SHUFFLE R, BACK ROCK L

1-2	Lunge R diagonal on ball of R foot, recover on L (extend R arm diagonally with lunge)
3-4	Rock back on R, recover weight on L
5&6	Step R to R side, close L beside R, step R to R side
7-8	Rock back on L, recover on R (12:00)

LUNGE L DIAGONAL, BACK ROCK L, SHUFFLE L, BACK R

1-2	Lunge L diagonal on L foot, recover on R (extend L arm diagonally with lunge)
3-4	Rock back on L, recover weight on R
5&6	Step L to L side, close R beside L, step L to L side
7-8	Rock back on R, recover weight on L (12:00)

TWO HALF PIVOTS L, KICK BALL CROSS, UNWIND ½ TURN R

1-2	Step forward on R, pivot ½ turn L (weight on L)
3-4	Step forward on R, pivot ½ turn L (weight on L)
5&6	Kick R forward, bring R beside L, cross L over R (weight on L foot)
7-8	Unwind ½ turn R on balls of feet shifting weight to R foot (6:00)

ROCKING CHAIR, ¼ TURN L SHUFFLE, PIVOT ½ TURN L

1-2	Rock forward on L, recover weight on R
3-4	Rock back on L, recover weight on R
5&6	Turn ¼ L into forward L shuffle (L,R,L)
7-8	Step forward on R, pivot ½ turn L ending with weight on L (9:00)

End of Dance

For questions contact: joandgarynm@yahoo.com, debvtax@hotmail.com, vernineadkins@yahoo.com