Show Me Love

拍数: 48

级数: Intermediate

编舞者: Val O'Connor (UK) - November 2013

音乐: Show Me Love (America) - The Wanted

INTRO: 32 COUNTS (13 SECS APPROX

SEQUENCE: WALL 1 - 48, WALL 2 - 32, WALL 3 - 40, WALL 4 - 32, AFTER THIS - ALL WALLS 48 UNTIL END

SIDE R, L BEHIND SIDE CROSS, R ROCK 1/4 L, FULL TURN R, 1/8 R ROCK STEP

Step R to R side, cross L behind R, step R to R side, cross L over R 1 - 2&34&5 Rock R to R side, recover weight onto L turning 1/4 L, step forward on R (9 o clock) 6&7 Turn 1/2 R stepping back on L, Turn 1/2 R stepping forward on R, step forward on L Turn 1/8 R to diagonal rocking forward onto R, recover weight back on L, step onto R (11.30 8&1)

STILL FACING R DIAGONAL

L FORWARD MAMBO, BACK R 1/2 TURN STEP, L FORWARD MAMBO, 1/4 R COASTER STEP

- 2&3 Rock forward on L, recover weight back on R, step back on L
- 4&5 Step back on R, turn 1/2 L stepping forward on L, step forward onto R (facing opposite L diagonal)
- 6&7 Rock forward on L, recover weight onto R, step back on L
- 8&1 Turn 1/8 R stepping back on R (facing back wall), step L next to R, Turn 1/8 R stepping forward on R (you will now be facing R diagonal (7.30)

STILL FACING R DIAGONAL

L ROCK STEP, R FORWARD MAMBO, 1/2 L SAILOR TURN, FULL L TRIPLE TURN

- 2&3 Rock forward onto L, recover weight back on R, step forward onto L (7.30)
- 4&5 Rock forward onto R, recover weight back onto L, step back on R
- 6&7 Sweep L 1/2 turn L stepping L behind R, step R to R side, step forward onto L (facing opposite diagonal)
- 8&1 Turn ¹/₂ L stepping back on R, ¹/₂ L stepping forward onto L, step forward onto R (1.30)

L FORWARD MAMBO, 1/8 L, R BEHIND SIDE CROSS, 1/4 R BACK SIDE CROSS, R SIDE ROCK

- 2&3 Rock forward onto L, recover weight back on R, step back on L
- 4&5 Turn 1/8 L (facing front wall) crossing R behind L, step L to L side, cross R over L (front wall)
- 6&7 Turn 1/4 R stepping back on L, step R to R side, cross L over R (3 o' clock)
- 8& Rock R to R side, (&) recover weight onto L (Restart wall 2, wall 4)

SWAY R L. R SCISSOR CROSS, SWAY L R. L SCISSOR CROSS

- 1-2 Sway and rock onto R, sway and rock onto L
- 3&4 Step R to R side, step L next R, cross R over L
- Sway and rock onto L, sway and rock onto R 5&6
- 7&8 Step L to L side, step R next to L, cross L over R (Restart wall 3)

1/2 L CROSS R, 1/2 R CROSS L, 1/4 R FORWARD MAMBO, SWEEP BACK L R, BACK L

- 1&2 Turn 1/4 L stepping back on R, Turn 1/4 L stepping L to L side, cross R over L (9 o'clock)
- 3&4 Turn 1/4 R stepping back on L, Turn 1/4 R stepping R to R side, cross L over R (3 o'clock)
- 5&6 Turn 1/4 R rocking forward onto R, recover weight back on L, step back on R (6 o'clock)
- 7-8& Sweep L back and step down, sweep R back and step down, (&) step back on L

RESTART DANCE FROM THE BEGINNING





墙数:4

IT MAY LOOK COMPLICATED BUT IT ISN'T, HOPE YOU ENJOY IT.

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