

# One Dance, One Rose, One Kiss

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Manu De Meyer (BEL) - December 2013  
音乐: One Dance, One Rose, One Kiss - The Refreshments



## Section1: R Touch out-in-out, R Coaster step, L Touch out-in-out, L Coaster step

1&2      touch RF to R, touch RF beside LF, and touch RF to R  
3&4      step back on RF, put LF beside RF, step RF to front  
5&6      touch LF to L, touch LF beside RF, and touch LF to L  
7&8      step back on LF, put RF beside LF, step LF to front

## Section2: Walk x 2, Mambo step, Walk back x 2, Coaster step

1-2      step forward R, step forward L  
3&4      step RF to front, recover weight on LF, and step RF back  
5-6      step LF back, step RF back  
7&8      step back on LF, put RF beside LF, step LF to front

## Section3: Step, ¼ L, Cross shuffle, Side rock, Cross shuffle

1-2      step RF to front; turn ¼ L (weight on LF) (09:00)  
3&4      cross RF over LF, close LF behind RF, cross RF over LF  
5-6      step LF to L, recover weight on RF  
7&8      cross LF over RF, close RF behind LF, cross LF over RF

## Section4: Switches Toe & Heel, rock step ½ R step, L shuffle

1&2&      touch R toe to R, recover on RF, touch L toe to L, recover on LF,  
3&4&      step R heel forward, recover on RF, step L heel forward, recover on LF  
5&6      step RF to front, recover on LF, make ½ turn R and step RF forward (03:00)  
7&8      step LF to front, step RF beside LF, and step LF to front

## Ending: wall 10

### R Touch out-in-out, R Coaster step with ¼ turn L

1&2      touch RF to R, touch RF beside LF, and touch RF to R  
3&4      step back on RF, put LF beside RF, make ¼ turn L and step RF to front

Have fun

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