Amy's NC2 (Night Club 2 Step For Beginners)



拍数: 16 墙数: 4 级数: Beginner

编舞者: Amy Christian (USA) - December 2013

音乐: Any NC2 Step song



(Example, songs to these intermediate dances, Bittersweet Memory, His Only Need and so on)

Intro: Start on Lyrics.

BASIC NC2 STEP X 2, WALK, WALK, CHASE 1/2, CROSS,

1-2& Big step to the right on R, Rock L behind R, Recover on R,3-4& Big step to left on L, Rock R behind L, Recover on L,

5-6 Step fwd on R, Step fwd on L,

7&8 Step fwd on R, Pivot ½ turn left, stepping fwd on L, Step fwd on R,

& Cross L over R,

BASIC NC2 STEP X 2, ROCKING CHAIR, JAZZ BOX 1/4 WITH A CROSS,

1-2& Big step to the right on R, Rock L behind R, Recover on R,

3-4& Big step to left on L, Rock R behind L, Recover on L,

(Rocking Chair) Rock fwd on R, Recover on L, Rock back on R, Recover on L,
(Jazz Box) Cross R over L, ¼ right stepping back on L, Step R to right side,

& Cross L over R, (Weight is on L),

Start Over!!!

TAG – Wherever needed - 4 counts SIDE, TOUCH, SIDE, TOUCH, (SWAYS) (If there is an 8 count Tag, depending on which song you use – Just repeat the 4 counts again)

1-2 Step R to right side, Touch L next to R (Sway),3-4 Step L to left side, Touch R next to L (Sway),

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