

I Don't Feel Like Dancin'

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Nathan Gardiner (SCO) - January 2014
音乐: I Don't Feel Like Dancin' - Scissor Sisters



Intro: 16 count intro, start on vocals

CROSS & HEEL, BALL CROSS & HEEL, BALL CROSS SHUFFLE & HEEL HOLD

1&2 cross step right over left, step left to left side, touch right heel forward diagonally
&3&4 step right next to left, cross step left over right, step right to right side, touch left heel forward diagonally
&5&6 step left next to right, cross step right over left, step left to left side, cross step right over left
&7-8 step left to left side, touch right heel forward diagonally, hold

CROSS & HEEL, BALL CROSS & HEEL, BALL CROSS SHUFFLE & HEEL HOLD

&1&2 step forward on right cross step left over right, step right to right side, touch left heel forward diagonally
&3&4 step left next to right, cross step right over left, step left to left side, touch right heel forward diagonally
&5&6 step right next to left, cross step left over right, step right to right side, cross step left over right
&7-8 step right to right side, touch left heel forward diagonally, hold

STEP PIVOT 1/2 LEFT, 1/2 TURN SHUFFLE LEFT, COASTER STEP, WALK WALK

&1-2 step ball of left foot next to right, step forward on right, 1/2 pivot left
3&4 1/2 shuffle stepping back on right, step left next to right, step back on right
5&6 step back on left, step right next to left, step forward on left
7-8 walk forward right, left

1/2 PIVOT LEFT, SHUFFLE FORWARD, ROCK RECOVER, SAILOR 1/4 TURN LEFT

1-2 step forward on right, 1/2 pivot left
3&4 step forward on right, step left next to right, step forward on right
5-6 rock forward on left, recover on right
7&8 1/4 turn left stepping back on left, step right to right side, step left to left side

SAMBA STEP, SAMBA STEP, 1/2 TURN PIVOT LEFT, WALK WALK

1&2 cross step right over left, step left to left side, step forward on right
3&4 cross step left over right, step right to right side, step forward on left
5-6 step forward on right, 1/2 pivot left
7-8 walk forward right, left

MAMBO STEP, COASTER STEP, 1/2 PIVOT LEFT, WALK WALK

1&2 rock forward on right, recover on left, step back on right
3&4 step back on left, step right next to left, step forward on left
5-6 step forward on right, 1/2 pivot left
7-8 walk forward right, left

CROSS & HELL, BALL CROSS & HEEL, BALL CROSS 1/4 TURN RIGHT, 1/4 CHASSE RIGHT

1&2 cross step right over left, step left to left side, touch right heel forward diagonally
&3&4 step ball of right next to left, cross step left over right, step right to right side, touch left heel forward diagonally
&5-6 step ball of left next to right, cross step right over left, 1/4 turn right stepping back on left
7&8 1/4 turn right stepping right to right side, step left to left side, step right to right side

CROSS ROCK RECOVER, SHUFFLE 1/4 LEFT, CROSS ROCK RECOVER, SIDE ROCK RECOVER

- 1-2 cross rock left over right, recover on left
- 3&4 1/4 turn left stepping forward on left, step right next to left, step forward on left
- 5-6 cross rock right over left, recover on left
- 7-8 rock out to right side, recover on left

Restart: Wall 3 dance up to count 32 instead of doing sailor 1/4 do a coaster step then Restart the dance

Tag: End of wall 6

STEP PIVOT, STEP PIVOT

- 1-2 step forward on right, 1/2 turn pivot left
- 3-4 step forward on right, 1/2 turn pivot left

Ending: Dance the first 8 counts on wall 8 then cross unwind 1/2 right

Start Again.....Happy Dancing

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