# Only You In My Heart



编舞者: Lewis Lee (CAN) - January 2014

音乐: Only You In My Heart (我的心裡只有你沒有他) - Tiger Huang (黃小琥): (Album:

The Voice - iTunes)



Restart: 1 Restart on wall 3rd A, dance after count 28&, facing 9:00. Ending: 23 counts after wall 7th A (facing 3:00), see more details below)

Sequence: A, A, B, A28&, A, A, B, A, A

Intro: 24 counts from Drum Beat (approx. 1 min. 1sec) . Bpm 128

## Part A – 32c (4 wall)

# [1-9] Side, Sailor-Step, Sailor-1/4L, Cross, Unwind 3/4R, Fwd-Lock-Step

1, 2&3 Step R to side R, Step L behind R, Step R beside L, Step L to side L

4&5 Step R behind L, Make 1/4L stepping L beside R, Step R to slightly side (9:00)

6, 7 Cross L over R, Unwind 3/4R on ball of L, (6:00)

8&1 Step R fwd, Lock L behind R, Step R fwd

#### [10-17] Chasse-L, Crossing-Shuffle, Rock, 1/4R, Fwd, Spiral R

2&3 Step L to Side L, Step R beside L, Step L to side L

4&5 Cross R over L, Step L ball to slightly side L, Cross R over L

6, 7 Rock L to side L, Make 1/4R stepping R fwd (9:00)

8, 1 Step L fwd, Spiral full turn R on ball of L

#### [18-25] Walk, Walk, Fwd, Spiral L, Cross-Side-Recover, Crossing-Shuffle

2, 3, 4, 5 Step R fwd, Step L fwd, Step R fwd, Spiral full turn L on ball of R

6&7 Cross L over R, Step R to side R, Recover on L \*\*\*Ending 8&1 Cross R over L, Step L ball to slightly side L, Cross R over L

#### [26-32] 1/4R, Sweep 1/4R, Sailor-Sway, Sway, Drag, Chasse-R

2, 3 Make 1/4R stepping L back, Sweep R out making a further 1/4R on ball of L 4& Step R

behind L, Step L beside R, \*\*\*R

5, 6, 7 Step R to side R swaying hips to R, Recover to L swaying hips to L, Drag R to L

8& Step R to side R, Step L beside R (3:00)

# Part B - 48c (1wall)

#### [1-9] Side, Sailor Step, Sailor 1/4L, Cross, Unwind 3/4R, Fwd-Lock-Step

1, 2&3 Step R to side R, Step L behind R, Step R beside L, Step L to side L

4&5 Step R behind L, Make 1/4L stepping L beside R, Step R to slightly side (3:00)

6, 7 Cross L over R, Unwind 3/4R on ball of L, (12:00)

8&1 Step R fwd, Lock L behind R, Step R fwd

# [10-17] Chasse-L, Crossing-Shuffle, Rock, 1/4R, Fwd-Lock-step

2&3 Step L to Side L, Step R beside L, Step L to side L

4&5 Cross R over L, Step L ball to slightly side L, Cross R over L

6, 7 Rock L to side L, Make 1/4R stepping R fwd (3:00)

8&1 Step L fwd, Lock R behind L, Step L Fwd

#### [18-25] Side, Tog., Chasse-R, Side, Tog., Chasse-L

2, 3, 4&5 Step R to Side R, Step L beside R, Step R to side R, Step L beside R, Step R to side R
6, 7, 8&1 Step L to Side L, Step L to side L, Step L to side L

# [26-33] Cross, Point, Cross, Point, Cross, Unwind 3/4L, Side-Recover-Cross

2, 3 Cross R over L, Point L to side L4, 5 Cross L over R, Point R to side R

6, 7 Cross R over L, Unwind 3/4L ending weight on L (6:00)

8&1 Step R to side R, Recover on L, Cross R over L

## [34-40] L Side-Cha-Cha, R side-Cha-Cha, Fwd-Mambo, Back-Recover

2&3, 4&5 Step L to side L, Step R next to L, Step L in place, Step R to side R, Step L next to R, Step R

in place

6&7, 8& Step L fwd, Recover on R, Step L back, Step R back, Recover on L

# [41-48] Side, Ball-Cross, Side, Ball-Cross, Sway, Sway, Drag, Chasse-R

1, 2&, Step R to side R, Step L ball behind R, Cross R over L3, 4& Step L to side L, Step R ball behind L, Cross L over R

5, 6, 7 Step R to side R swaying hips to R, Recover to L swaying hips to L, Drag R next to L

8& Step R to side R, Step L beside R (6:00)

# Ending: Wall 7th A (facing 6:00), Dance after count 23 (facing 3:00),

do the following steps to finish the dance facing front. -

# R Sailor-Step, L Sailor-Step, Sailor-1/4L-Side, L Sailor-Step

&8&, 1&2 Step R behind L, Step L beside R, Step R to side R, Step L behind R, Step R beside L, Step

L to side L

&3&, 4&5 Step R behind L, Making 1/4L stepping L beside R, Step R to side R, Step L behind R, Step

R beside L, Step L to side L (12:00)

Contact - E-mail: lewislee@djmclewis.com - Website: www.djmclewis.com