

# She Moves

**COPPER** KNOB  
STEPMATS

拍数: 32      墙数: 4      级数: Improver  
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音乐: She Bangs - Ricky Martin



Intro: 32 Count

## I. SIDE – BACK ROCK – FORWARD LOCK STEP – ¼ TURN R FORWARD – ½ TURN L BACK – BACK LOCK STEP

1 2      Step LF to side – step RF behind LF  
3      Recover on LF  
4 & 5      Step RF forward – Step lock LF behind RF – Step RF forward  
6 7      Turn ¼ L Step LF forward – Turn ½ L Step RF back  
8 & 1      Step LF back – Step lock RF over LF – Step LF back

## II. CLOSE – FORWARD – MAMBO CROSS R & L – PIVOT ¼ L FORWARD

2 3      Close RF beside LF – Step LF forward  
4 & 5      Step RF to side – Recover on LF – Step across RF over LF  
6 & 7      Step LF to side – Recover on RF – Step across LF over RF  
8 & 1      Step RF forward – turn ¼ L recover weight on LF – Step RF forward

## III. FORWARD ROCK – COASTER STEP – FULL TURN FORWARD – FORWARD LOCK STEP

2 3      Step LF forward – Recover on RF  
4 & 5      Step LF back – close RF beside LF – Step LF forward  
6 7      Turn ½ L Step RF back – Turn ½ L Step LF forward  
8 & 1      Step RF forward – Step lock LF behind RF – Step RF forward

## IV. FORWARD ROCK – SAILOR ¼ L – KICK BALL SIDE – CROSS ROCK

2 3      Step LF forward – Recover on RF  
4 & 5      Turn ¼ L Step LF back – close RF beside LF – Step LF forward  
6 & 7      Kick RF forward – Step RF beside L – touch LF toe to side  
8 &      Step across LF over RF – Recover on RF

**TAG I : AFTER WALL 6 AND 11**

**TAG II : AFTER WALL 13**

## TAG I : SIDE – BACK ROCK – SIDE – PIVOT ½ R 2X

1 2      Step LF to side – step RF behind LF  
3 4      Recover on LF – Step RF to side  
5 6      Step LF forward – Turn ½ R recover weight on RF  
7 8      Step LF forward – Turn ½ R recover weight on RF

## TAG II : SIDE – BACK ROCK – SIDE

1 2      Step LF to side – step RF behind LF  
3 4      Recover on LF – Step RF to side

Keep on dancing... have fun..

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