

Feeling Hot

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Absolute Beginner
编舞者: Rachael McEnaney (USA) - December 2013
音乐: Feeling Hot - Don Omar



Count In: 32 counts from start of track, dance begins on vocals. Approx 129 bpm.

[1 - 8] Walk back R-L-R, touch (or hitch) L, walk fwd L-R-L, ¼ turn L as you hitch R knee.

1 2 3 4 Step back right (1), step back left (2), step back right (3), touch left toe next to right (4)

(styling: instead of left touch you could hitch left knee and throw arms up in air) 12.00

5 6 7 8 Step forward left (5), step forward right (6), step forward left (7), make ¼ turn left as you hitch right knee (8) 9.00

[9 - 16] Repeat 1 – 8: Walk back R-L-R, touch (or hitch) L, walk fwd L-R-L, ¼ turn L as you hitch R knee

1 2 3 4 Step back right (1), step back left (2), step back right (3), touch left toe next to right (4)

(styling: instead of left touch you could hitch left knee and throw arms up in air) 9.00

5 6 7 8 Step forward left (5), step forward right (6), step forward left (7), make ¼ turn left as you hitch right knee (8) 6.00

[17 - 24] 2x hip bumps R, 2x hip bumps L, hip R, hip L, R chasse

1 2 3 4 Bump hips to right twice (1,2), bump hips to left twice (3,4) 6.00

5 6 7 & 8 Bump hips right (5), bump hips left (6), step right to right side (7), step left next to right (&), step right to right side (8) 6.00

[25 - 32] L cross, R side, L behind, R point, R cross, L side, R behind, L point

1 2 3 4 Cross left over right (1), step right to right side (2), cross left behind right (3), point right to right side (4) 6.00

5 6 7 8 Cross right over left (5), step left to left side (6), cross right behind left (7), point left to left side (8)

(at this point body should be naturally angled towards 7.30 diagonal) 6.00

[33 - 40] Facing 7.30: 3x shuffle fwd on diagonal L-R-L, fwd R, ½ pivot to L

1 & 2 Travelling towards 7.30: Step forward left (1), step right next to left (&) step forward left (2) 7.30

3 & 4 Step forward right (3), step left next to right (&), step forward right (4) 7.30

5 & 6 Step forward left (5), step right next to left (&) step forward left (6) (STYLING: during all 3 shuffles, keep them small & bounce hips) 7.30

7 8 Step forward right (7), pivot ½ turn left (8) (weight ends on left) 1.30

[41 - 48] 2x shuffle fwd on diagonal, fwd R, 3/8 (think as ¼) pivot L, rock fwd R,

1 & 2 Travelling towards 1.30: Step forward right (1), step left next to right (&), step forward right (2) 1.30

3 & 4 Step forward left (3), step right next to left (&) step forward left (4) 1.30

5 6 Step forward right (5), make 3/8 pivot turn left (think of this as ¼ pivot left – body was just technically angled on diagonal) (6) 9.00

7 8 Rock forward right (7), recover weight to left (8) 9.00

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format.

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