Run Run

拍数: 32

级数: Beginner

编舞者: Nicole Martorana - December 2013

音乐: Here She Comes - Dierks Bentley

KICK BALL CHANGE, TOE STRUT X3

- 1&2 Kick R forward, step R next to left, step weight onto L.
- 3-4 Touch R toe, drop weight onto R heel.
- 5-6 Touch L toe, drop weight onto L heel.
- 7-8 Touch R toe, drop weight onto R heel.

KICK BALL CHANGE, TOE STRUT X3

- 1&2 Kick L forward, step L next to right, step weight onto R.
- 3-4 Touch L toe, drop weight onto L heel.
- 5-6 Touch R toe, drop weight onto R heel.
- 7-8 Touch L toe, drop weight onto L heel.

MONTEREY TURN, VINE ¼ TURN LEFT, SCUFF

- 1-2 Point R to right side, pull right toe back while making ¹/₂ turn(6:00).
- 3-4 Point L to left side, touch L toe next to R.
- 5-6 Step out left, step R behind L.
- 7-8 Step out L making a ¼ turn to the left(3:00) scuff right foot.

ROCKING CHAIR, STEP ½ TURN HOOK, STEP, JUMP

- Step forward onto R foot, recover weight on L. 1-2
- 3-4 Step back with R foot, recover weight onto L.
- 5-6 Step forward R, make 1/2 turn and hook L leg over R.
- 7-8 Step forward L, jump feet together.

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墙数:4