

Just Lie To Me

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate / Advanced NC2
编舞者: Malene Jakobsen (DK) - January 2014
音乐: Lie To Me - Josh Gracin : (iTunes)



Intro: 2 counts, 2 sec into track - dance begins with weight on L

Restart: There is 1 Restart, on wall 2 after 32 counts

Tag: There is a 1 count Tag on wall 5 after 9 counts

[1-9] Fwd. rock, 1/4, slide, side rock cross, side, behind, 1/4, 1/2 sweep, behind side cross

- 1-2&3 (1) Rock fwd. on R, (2) recover onto L, (&) turn 1/4 R stepping R to R, (3) slide L towards R 3.00
- &4& (&) Rock ball of L to L, (4) recover onto R, (&) cross L over R 3.00
- 5-6& (5) Step R to R, (6) cross L behind R, (&) turn 1/4 R stepping fwd. on R 6.00
- 7 (7) Turn 1/2 R stepping back on L sweeping R from front to back 12.00
- 8&1 (8) Cross R behind L, (&) step L to L, (1) rock R across L 12.00

NOTE: The tag is here – just hold for 1 count before recovering onto L continuing the dance, you'll be facing 12.00

[10-17] Recover, 1/4, step, fwd. rock, together, heel 1/4 turn, pivot 1/2, press, recover, 1/2, 3/4

- 2&3 (2) Recover onto L, (&) turn 1/4 R stepping fwd. on R, (3) step fwd. on L 3.00
- &4& (&) Rock fwd. on R, (4) recover onto L, (&) step R next to L 3.00
- 5 (5) On both heels make 1/4 R (weight on R after the turn) 6.00
- 6&7 (6) Step fwd. on L, (&) turn 1/2 R, (7) step fwd. on ball of L and press (prep. for turning L) 12.00
- 8&1 (8) Recover onto R, (&) turn 1/2 L stepping fwd. on L, (1) turn 1/2 L stepping back on R but continue turning another 1/4 L on ball of R 9.00

[18-24] Chassé, back rock, 1/4, touch, 1/4, 1/4, walk x 2

- 2&3 (2) Step L to L, (&) step R next to L, (3) step L to L 9.00
- &4&5 (&) Rock back on R, (4) recover onto L, (&) turn 1/4 L stepping R to R, (5) touch L next to R 6.00
- 6& (6) Turn 1/4 R stepping back on L, (&) turn 1/4 R stepping R slightly R 12.00
- 7-8 (7-8) Walk fwd. L, R 12.00

[25-32] 1/4 basic, side, behind side, cross rock, 1/4, 1/4, coaster 1/4

- 1-2& (1) Turn 1/4 R stepping L to L, (2) close R behind L, (&) cross L over R 3.00
- 3-4& (3) Step R to R, (4) cross L behind R, (&) step R to R 3.00
- 5-6&7 (5) Rock L across R, (6) recover onto R, (&) turn 1/4 L stepping fwd. on L, (7) turn 1/4 L stepping R to R 9.00
- &8& (&) Turn 1/4 L stepping back on L, (8) step R next to L, (&) step fwd. on L 6.00

NOTE: Restart here on wall 2, you'll be facing 12.00

[33-41] Fwd. mambo, low kick ball, back mambo, step fwd., 1/2, 'recover', chase turn

- 1-2& (1) Rock fwd. on R, (2) recover onto L, (&) step back on R 6.00
- 3& (3) Kick L low fwd., (&) step L next to R 6.00
- 4&5 (4) Rock back on R, (&) recover onto L, (5) step fwd. on R 6.00
- 6-7 (6) Turn 1/2 L keeping weight on R, (7) move weight to L 12.00
- 8&1 (8) Step fwd. on R, (&) turn 1/2 L, (1) step fwd. on R prepping for full turn R 6.00

[42-48] Full turn, run back, coaster, run fwd.

- 2-3 (2) On ball of R make full turn R, (3) step L next to R 6.00

4&5 (4&5) Run back R, L, R 6.00
6&7 (6) Step back on L, (&) step R next to L, (7) step fwd. on L 6.00
8& (8&) Run fwd. R, L 6.00

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