

级数: Phrased Improver



拍数: 64 墙数: 2

编舞者: Veno Ng - January 2014

音乐: zai jian by Xiao Hu Dui

Sequence: AABBA Tag AABB Tag ABB B- (24cts)

Start after 52 cts

Part A 32 cts

L Forward T	oe Struts , R Cross Toe Strut , L Side Rock , L Cross shuffle
1-2-3-4	Step L toe forward, Drop L heel down, Cross R toe over L , Drop R heel down
5-6 7&8	Rock L to L , Recover weight on R, Cross L over R, Step R to R , Cross L over R (12.00)

R Forward Toe Struts , L Cross Toe Strut , R Side Rock , R Cross shuffle

- 1-2-3-4 Step R toe forward, Drop R heel down, Cross L toe over R , Drop L heel down
- 5-6 7&8 Rock R to R , Recover weight on L, Cross R over L, Step L to L , Cross R over L (12.00)

L Rocking Chair, L Forward Rock, Shuffle 1/2 Turns L

- 1-2-3-4 Rock L forward, Recover weight on R, Rock L backward, Recover weight on R
- 5-6 7&8 Rock L forward , Recover weight on R, Shuffle 1/2 turn L stepping on LRL (6.00)

R Rocking Chair, R Forward Rock, R Coaster Step

- 1-2-3-4 Rock R forward, Recover weight on L, Rock R backward, Recover weight on L
- 5-6 7&8 Rock R forward , Recover weight on L, Step back on R , Step L next to R, step R forward (6.00)

Part B 32 cts

Cross, Side, L Sailor, Cross, Side, 1/2 R Sailor Forward

- 1-2 3&4 Cross L over R, Step R to R, Cross L behind R, Step R to R, Step L to L
- 5-6 7&8 Cross R over L, Step L to L, makes 1/2 R cross R behind L, step L to L, Step R forward (6.00)

L & R Lindy

- 1&2 3-4 L Chasse stepping LRL, Rock back on R, recover weight on L
- 5&6 7-8 R Chasse stepping RLR, Rock back on L, recover weight on R (6.00)

Forward Walk LRL, pivot 1/2 R Turn, Dialgonal Forward L, Touch R, Diagonal Bump 2

1-2-3-4Walk forward on L& R , Step L forward, Pivot 1/2 R Turn, Step R forward (12.00)5-6-7-8Forward big step L to diagonal L (10.30), Touch R next to L, Bump hip to diagonal R twice (
10.30)

Dialgonal Back R, Touch L, Diagkonal Bump 2, Jazzbox 1/2 L Turn

- 1-2 Big step back on R to R diagonal (4.30), Touch L next to R (Body facing 1.30)
- 3-4 Bump hip to diagonal L twice (Body still facing 1.30)
- 5-6-7-8 Square to 12.00, Cross L over R, 1/4 L step R back, 1/4 L step L forward, step R next to L (6.00)

Tag: 4 cts

1-2-3-4 Cross L over R, unwind 1/2 turn R over 3 cts. (Weight on R)

Contact : venorica_ng@yahoo.com