Country Strong



拍数: 48 墙数: 2 级数: Beginner

编舞者: Jacqui Cargill (UK) - November 2013

音乐: Country Song - Mark Hills: (Album: Me and My Taylor)



SECTION 1: ROCKS FORWARD / BACK WITH SWIVELS

- 1 4 Rock forward on right, back on left, then back on right, forward on left.
- 5 8 Place right to right side and with weight on both feet swivel right, left, right, left.

SECTION 2: RIGHT HEEL HOOKS WITH TOE TAPS

- 9 12 Dig right heel forward then hook under left knee, repeat.
- 13 16 Step right foot forward tap left toe behind, step left foot back tap right toe infront.

SECTION 3: GRAPEVINES RIGHT WITH GRAPEVINE LEFT WITH HALF TURN

- 17 20 Step right to right side, cross left behind right. Step right to right side touch left beside right.
- 21 24 Step left to left side, cross right behind left, take a ¼ turn left and step right to right side

turning a further ¼ turn.

SECTION 4: SIDE SHUFFLES RIGHT AND LEFT WITH BACK ROCKS

- 25 28 Step right to right side, close left beside right, step right to right side. Rock back on left and forward on right.
- 29 32 Step left to left side, close right beside left, step left to left side. Rock back on right and forward on left.

SECTION 5: TOE FANS RIGHT WITH HEEL WALKS

- 33 36 Step right foot forward and fan forward. Repeat.
- 37 40 With weight on both heels step forward on left and right heels then back left, right.

SECTION 6: HEEL SPLITS WITH STEP SCUFFS

- 41 44 With weight on both feet split heels out, in, out, in.
- 45 48 Step slight angle to right corner and scuff left foot over right, repeat on left.

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